

Product

Name	Organic Red Football Lentils
Description	Just Natural Organic Red Football Lentils are carefully selected from only the best producers in Turkey. Packed with Protein, Iron and B Vitamins, these polished whole lentils work perfectly in soups and Dahl dishes. And they're packed in our 100% plastic free, certified home compostable packaging.
Code	JN322
Barcode	5055177534525
Country of Origin*	Turkey
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	500g
Packaging Type*	Home Compostable Packaging (Certified)
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Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Red Football Lentils
Allergens	n/a

Nutritional Values per 100g

Energy	1,432KJ (342 kcal)
Fat	1.4g
Of Which Saturates	0.0g
Carbohydrates	55.0g
Of Which Sugars	1.5g
Fibre	18.0g
Protein	26.6g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society
Serving Requirements	To serve 2 adults, place 100g of red football lentils into a saucepan and cover with fresh water. Bring to the boil and cover before reducing to medium heat. Simmer for approx. 10-15 mins or until cooked and tender.