

**Food Supplement with Curcumin (60 Vegetable Capsules)**

**Suggested Use:**  
Adults and children 12 years and older:  
For the first 3 days, take 1 capsule three times per day with food. Thereafter, take 1 to 3 capsules daily with food depending on individual needs.  
Do not exceed the recommended dose of 3 capsules per day. Consult your healthcare professional before use if you are taking blood thinners, antiplatelet medicine or have a medical condition. Do not take if trying to conceive, are pregnant or breastfeeding.  
Food supplements must not be used as a substitute for a balanced diet and healthy lifestyle.

**Storage Directions:**  
Consume contents within 90 days of opening.  
Store at 25 °C or below. Keep in outer container until required for use. Protect from light and moisture.  
KEEP OUT OF REACH OF CHILDREN.

\*Curcumin contributes to normal functioning of joints and may relieve symptoms of inflammation.

**Bio-Curcumin®**

**BCM-95®**

Patented BCM-95®  
Bioactive for more than 8 hours  
7x Enhanced Bioavailability  
Joint Support\*

**60**  
Vegetable Capsules

Food Supplement

**Product Information**

Each Capsule Typically Provides:	%NRV
BCM-95® 400 mg	-
<i>Curcuma longa</i> L. (turmeric) [rhizome, 25:1 extract standardised to contain 95 % total curcuminoid complex with essential oils of turmeric providing 10 g of dried herb equivalent] NRV = Nutrient Reference Value - = No NRV established	

**Ingredients:**  
BCM-95® (Turmeric Extract), Brown Rice Flour, Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide), Hydroxypropyl Methylcellulose (Vegetable Capsule),  
Contains no artificial flavours or preservatives.

**Produced by:**  
Phytoceutics (Pty) Ltd  
Cape Town, South Africa  
www.phytoceutics.com  
info@phytoceutics.com

**Imported/Distributed in the UK by:**  
Phytoceutics®  
Gable House 239  
Regents Park Road  
Finchley, London,  
United Kingdom, N3 3LF  
www.phytoceutics.com/uk

**Imported/Distributed in the EU by:**  
Mya Foods  
Malahide,  
Dublin, Ireland

BOTTLE & CAP UKCUR/L/60/B

Clear area for HMFA  
clear check  
(to be inserted upon  
approval)

<p>Client: Phytoceutics®</p> <p>Product Code: UKCUR/L/60/B</p> <p>Product Name: Bio-Curcumin 60's Label_UK</p> <p>Date: 19-02-2024</p> <p>Version: 5</p> <p>Size: 163 mm (w) x 60mm (h)</p> <p>Printing: Pantone 137C Pantone 152C Pantone 425C</p> <p>Print Company: Printed in the UK</p>	<p><b>Colours:</b></p> <div><div></div><div></div><div></div></div> <p>PANTONE 137C   PANTONE 152C   PANTONE 425C</p>	<p><b>Artwork Sign-off:</b></p> <p>Please check all wording, details and design elements thoroughly prior to signing off this proof:</p> <p><b>Designer:</b></p> <div><div>SIGNATURE</div><div>NAME</div><div>DATE</div></div> <p><b>Marketing:</b></p> <div><div>SIGNATURE</div><div>NAME</div><div>DATE</div></div> <p><b>Marketing Director:</b></p> <div><div>SIGNATURE</div><div>NAME</div><div>DATE</div></div> <p><b>Responsible Person:</b></p> <div><div>SIGNATURE</div><div>NAME</div><div>DATE</div></div>
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