



FUNCTIONAL TEAS & SUPERFOOD BLENDS FOR A HEALTHIER BODY AND MIND NATURALLY

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GOLDEN ASHWAGANDHA 15 TEA BAGS – TURMERIC ASHWAGANDHA GINGER BLACK PEPPER HERBAL TEA

This adaptogenic tea blend has been crafted by the founder for calm moments. It is a lovely herbal tea that is caffeine free and perfect for any time of the day. Turmeric may help support immunity, ashwagandha is an adaptogen that may help promote calm, ginger may aid with digestion and black pepper helps activate the curcumin in turmeric, increasing its absorption by 2000%.

This tea has a lovely spicy, warming, slightly bitter and earthy taste.

All the ingredients used are natural and there are no added sugars or milk powders in this product. This product is completely free from flavourings, preservatives and colours. It is suitable for vegetarians.

The tea bags are made out of corn-starch, are plant-based and biodegradable, hence they can be thrown in the food bin. They are packed in a compostable pouch and a recyclable paper box, making it an eco-conscious tea. The tea box is also super pretty making it a perfect thoughtful gift.

Ingredients:

Turmeric, Ashwagandha Root, Ginger, Black Pepper

Allergens:

May contain traces of tree nuts, peanuts, soya, sesame, eggs, milk, mustard, celery, gluten, sulphites

Storage:

Store in a cool dry place away from light in an air tight container

How to Prepare:

Add 1 tea bag to your tea cup. Pour boiling water over it and let it steep for 3 – 5 minutes.

Remove the tea bag and add sweetener if desired.

Testimonials:

"That is such a lovely blend"

"Tastes spicy and delicious"

"I don't normally like the taste of turmeric teas, they are too strong, this is lighter. I could actually drink this everyday"