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Advanced Creatine

Advanced Creatine is a powerful blend combining 5g of pure creatine monohydrate with taurine, citrulline, and magnesium malate - ingredients popular among athletes and fitness enthusiasts and recommended by sports nutritionists. This advanced formula is designed to support those with active lifestyles, featuring amino acids and minerals that play key roles in energy pathways as well as both physical + mental performance. Unsweetened and unflavoured, it blends and stacks easily with pre-workout blends and post-workout shakes. Choose Neutrient Advanced Creatine for:

- Intense physical conditioning regimes
- Everyday active lifestyles
- Supporting physical + mental performance



Neutrient Advanced Creatine

- ✓ 5g pure creatine monohydrate to support physical performance
- ✓ Added taurine + citrulline malate for an amino acid boost
- ✓ Magnesium malate for to support cognitive processes
- ✓ Neutral taste for adding to shakes, smoothies + other drinks
- ✓ Unflavoured and unsweetened for maximum versatility
- ✓ 2+ months supply, 515g per tub
- ✓ 2 year shelf life, recyclable packaging, competitively priced
- ✓ Clean formulation, no unnecessary fillers, sweeteners or flavours

Ingredients

Creatine monohydrate, Taurine, Citrulline malate, Magnesium malate

Does not contain

Sugar, sweeteners, flavours, gluten, soy, palm oil, lactose, caffeine or other stimulants



MUSCLE
FUNCTION



PSYCHOLOGICAL
FUNCTION



ENERGY &
METABOLISM



HIGH-INTENSITY
PERFORMANCE

Maximised Absorption

Studies show that creatine monohydrate has excellent absorption levels, close to 100%. Unlike other formulas, Advanced Creatine combines key amino acids and minerals to complement strength, psychological function, and recovery, without unnecessary fillers or additives.

Key Nutrition Applications

Advanced Creatine provides key nutrition for:

- High intensity exercise performance
- Optimised electrolyte balance
- Energy-wielding metabolism
- Protein synthesis + muscle recovery

Trade + Practitioner Accounts

- To open an account www.abundanceandhealth.com/trade
- Benefit from tiered practitioner and trade discounts
- Free shipping with bulk orders, flat shipping fee 2 or more items

- Small business and practitioners benefit from no MOQ
- Mix & match items from Altrient, Results RNA and Neutrient
- Shop online with secure login account or call or email order