

Nutrition Facts

1 serving per container

Serving size 1 bag (40g)

Amount per serving

Calories 282

%	Daily Value*
Total Fat 30g	38%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%

Sodium 311mg **Total Carbohydrate** 6q 2% Dietary Fiber 3g 11% Total Sugars 2g

Includes 0g Added Sugars 0% Sugar Alcohol 0g

Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.5mg	8%
Potassium 140mg	2%

*The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Macadamia Nuts (98%),

Contains: TREE NUTS
Manufactured in a facility that also processes: milk, egg, gluten, peanut, soy, almond, cashew, pecan and sesame.

*6g Carbs - 3g Fiber = 3g Net Carbs
STORE IN A COOL DRY PLACE

House of Macadamias dry roasted



namibian sea salt natural ingredients

VEGAN

KETO

PALEO

GOLDE

tandari

net wt 1.41 oz (40 g)

Macadamias are the most premium priced nut in the world because of their unique health benefits, delicious taste and ten year growing cycle. Our mission at HOM is for more people to enjoy this superfood by working with local farmers in Africa, the macadamia growing capital of the world. These unique products are created with macadamias as the hero ingredient, always.

Check out www.houseofmacadamias.com to find out how we do it.



(a) @houseofmacadamias



House of Macadamias LLC 490 Sawgrass Corp Pkwy Suite 310 Sunrise, FL 33325

Product of South Africa houseofmacadamias.com Tel: (888) 990-6674



