Fushi food supplement blends are created with high strength herbal extracts and vitamins, combined with Fushi Fresh-Ground® herbs from harvest and encapsulated in our London Workshop to provide natural support.

DIRECTIONS: 2 capsules daily or as directed by your healthcare practitioner.

CAUTIONS: Do not exceed stated daily dose. Keep out of sight of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Do not use if pregnant or breastfeeding. Store in a cool, dark place. Do not use if the seal is broken.







Fushi is a registered trademark www.fushiwellbeing.com

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fushi

MONTHLY HARMONY

HERB & VITAMIN BLEND WITH
AGNUS CASTUS & DONG QUAI

FOOD SUPPLEMENT | 60 VEGAN CAPSULES

INGREDIENTS: Agnus Castus (Vitex), Dong Quai (Angelica sinensis), Saw Palmetto (Serenoa serrulata), Vitamin B6 (Pyridoxine Hydrochloride), Magnesium (Magnesium Stearate), Veg hydroxyl-propyl-methylcellulose capsule.

NUTRITIONAL INFORMATION	2 CAPS DAILY	%NRV
AGNUS CASTUS	150mg	
DONG QUAI	160mg	
SAW PALMETTO	300mg	
VITAMIN B6	1.4mg	100%
MAGNESIUM	100mg	27%
*NRV = NUTRIENT REFERENCE VALUE		

NO ADDED: Preservatives, artificial colours or flavours, yeast.

