

IMMUNE IN TUNE

Feeling constantly run down from September to May is something our customers find they have been putting up with for years. We know that with the right immune-strengthening formula, settling for lower health standards will be a thing of the past.

Our immune system is our first and most important line of defence and Immune In Tune is the perfect way to keep it fighting fit all winter-long

And, while it's tough on infections, our 100% natural formulas are always gentle on the body.



Key ingredients

Rose Hip (*Rosa Canina*) - Rose hips offer impressive levels of Vitamin C, one of the most popular nutrient supplements for warding off coughs and colds in the winter months.

Elderberry (*Sambucus Nigra*) - Full of flavonoids and triterpenes which are key to elder's anti-inflammatory, antiviral and immune stimulating effects. Elderberries are packed with antioxidants and vitamins, particularly vitamin C.

Rosemary (*Rosmarinus Officinalis*) - Exhibits powerful anti-bacterial, anti-viral, and anti-fungal properties which help to reduce infection risk and strengthen the immune system response. Consumption of rosemary oil has been shown to reduce the concentration of cortisol, the stress hormone, which is known to inhibit the production of immune cells.

One dose (2 capsules) will provide 160mg of rose hip and 160mg of elderberry.

Food supplement containing: rose hips (*rosa canina*), elderberry (*sambucus nigra*), alfalfa (*medicago sativa*), St John's Wort (*hypericum perforatum*), marigold (*calendula off.*), rosemary (*rosmarinus officinalis*), wormwood (*artemisia absinthium*) and apple powder.