

*Magictree Superfoods, Pure Shilajit, 15g*

Ingredients - Himalayan shilajit rock, water

Store - in a cool dry place, out of the reach of young children.

Daily dose: 500mg one per day

Ayurvedic energy enhancer as it contains 84 unique minerals. Rich in fulvic acid which helps to reduce inflammation. Natural chelation properties to detox heavy metals from the brain. Lab tested for safety. 100% natural and vegan

"Shilajit is a blackish-brown resin that forms from layers of rock found in several mountain ranges, including the Himalayan, Tibetan and Altai mountains. We only source the best quality pure Shilajit from local family farms experienced in traditional harvesting practices. Pure Shilajit boasts many potential benefits to the body and mind. These benefits include anti-inflammatory activity, blood-sugar lowering, energy boosting and benefits heart, liver and kidney health."