

ITz  
not JUST



# TOFU

## ORIGINAL

Extra Firm Tofu



The perfect partner for any flavour adventure

Per ½ pack (as sold)



ENERGY	FAT	SATURATES	SUGARS	SALTS
819KJ 192KCAL	10.8g	1.4g	0g	0.01g
10%	15%	7%	0%	0.2%

% of adult reference intake.  
Typical values per 100g: Energy 585kJ/140kcal

Net weight. 280g

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SLEEVE Recycle  
 FILM Don't recycle at home  
RECYCLE AT RECYCLING POINT

Nutrition Info.		This product contains 2 servings	
TYPICAL	VALUE	Per 100g	Per ½ pack (140g)
Energy (kJ/kcal)	575 / 137	805 / 192	10.8
Fat (g)	7.7	1	1.4
of which saturates (g)	2.7	3.8	5.3
Carbohydrates (g)	14.5	20.6	2.9
of which sugar (g)	0	0	0
Protein (g)	14.5	20.6	2.9
Salt (g)	0	0	0

Produced in UK for:  
UK: NAF Foods Ltd, Havant House, 274  
Amphill Road, MK42 9QJ

VISIT US ONLINE AT:  
[www.itznot.com](http://www.itznot.com)

Keep refrigerated below 5°C.  
Not suitable for home freezing.

- Storage**
- See ingredients in **BOLD**.
- Allergens**
- Tofu (Water, **SOYA** bean, Nigari).
- Ingredients**

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GLUE AREA