

POWDERED



NKDLIVING

100% NATURAL INULIN

FOR BAKING



NKD Living's pure inulin powder is a great way to increase your dietary fibre intake. Sourced naturally from chicory roots, it has a mild sweet taste and can be used as a replacement for sugar in drinks and can replace up to 50% of the sugar content in baking.

Need ideas? Visit our [website!](#)



Nutrition Facts

	Per 100g
Energy	206 KJ/Kcal
Fat	0g
Of which saturates	0g
Carbohydrates*	7g
Of which sugars	0,7g
Protein	0g
Fibre	89g
Salt	9mg

INGREDIENTS: INULIN FRUCTO-OLIGOSACCHARIDE (FOS) *Contains naturally occurring sugars.

Non GMO certified Suitable for vegetarians and vegans. Soy and gluten free.

SUGGESTED USE: Begin with 1 tsp (5g) per day and increase slowly up to 2-3 tsp (10-15g) per day. Add to water, hot drinks, smoothies, cereal and can be used in baking.

STORE IN A COOL DRY PLACE AWAY FROM SUNLIGHT.

BATCH NUMBER:

BEST BEFORE:

Manufactured for: NKD Living, Unit 7a
Pineham Farm, Haversham, Milton Keynes,
MK19 7DP
Packed in the UK
Country of origin: Belgium
www.nkdliving.com



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