

VITAMIN B12 SUBLINGUAL

as Methylcobalamin and
Adenosylcobalamin 1mg

Ingredients: Vitamin B12 (as methylcobalamin and adenosylcobalamin), carrier (dextrose), anti-caking agent (microcrystalline cellulose, stearic acid).

Recommended Intake: Place one tablet daily under the tongue until it is dissolved completely. Take as a food supplement or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a varied, balanced diet and lifestyle.

- Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegans & vegetarians
- BEST BEFORE DATE: see base of container
- Store in a cool, dry place

PRODUCT CODE: 1053



CYTOPLAN VITAMIN B12 as Methylcobalamin & Adenosylcobalamin Sublingual 1mg

Vitamins



VEGAN



VEGETARIAN

60 VEGAN TABLETS

Food Supplement

Product Information:

60 Tablets = 60 days supply

One tablet will provide on average:

Average Values:	%NRV
Methylcobalamin	500µg 20,000
Adenosylcobalamin	500µg 20,000

NRV = Nutrient Reference Value



Vitamin B12 contributes to normal energy-yielding metabolism, the normal function of the nervous system and contributes to the reduction of tiredness and fatigue.

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