

## PRODUCT INFORMATION:

Four capsules typically provide:		%NRV*
Vitamin E (30iu)	20mg $lpha$ -TE	167
Thiamin (vitamin B1)	4.4mg	400
Vitamin B6	10mg	714
Folic acid	200µg	100
Vitamin B12	400µq	16,000
Trimethylglycine	1200mg	
Arginine	480mg	
Carnitine	160mg	
Bromelain	60mg	
Co-enzyme Q10	30mg	
*NRV = Nutrient Reference Value		

INGREDIENTS: Betaine anhydrous, I-arginine HCl, capsule: hydroxypropyl methylcellulose, I-carnitine I-tartrate, bulking agent: microcrystalline cellulose, bromelain, methylcobalamin (vitamin B12), co-enzyme 010, d-alpha tocopheryl succinate (vitamin E), anti-caking agent: silicon dioxide, anti-caking agent: magnesium stearate, pyridoxine HCl (vitamin B6), thiamine HCl (vitamin B1), pteroylmonoolutamic acid (folic acid).

No artificial colours, flavours or preservatives. No veast, added sugar or salt.

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

## HIGHER NATURE®

**BODY HEALTH** 

## CARDIO HEART NUTRIENTS

With B vitamins, CoQ10 & vitamin E



120 capsules vegetarian and vegan

## CARDIO HEART NUTRIENTS FOOD SUPPLEMENT - 120 CAPSULES

- ✓ Thiamin contributes to the normal function of the heart
- ✓ Folate, vitamins B6 and B12 contribute to normal blood formation
- ✓ Vitamin E contributes to the protection of cells from oxidative stress

DIRECTIONS: Adults take 2 capsules twice a day at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: Do not take if pregnant or breastfeeding. If taking any medication or have a medical condition, including herpes simplex (cold sores), please consult your healthcare professional before using this product.

Higher Nature Ltd (UK), 10 Discovery Way, Horam, East Sussex TN21 OGE, UK Higher Nature Ltd (EU), Block 1, Blanchardstown Corporate Park, Ballycoolen Road, Dublin D15 AKK1 Treland highernature com





