

High in plant-based protein, our Protein Bread is a rewarding and filling snack, pre or post workout. With the earthy bite of rye and flax, it delivers a great nutty flavour that intensifies when toasted.

250g e

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PRO → FUSION
DRIVEN BY NATURE

ORGANIC RYE & FLAX PROTEIN BREAD

✓ VEGAN 🌾 WHOLEGRAIN ✓ HIGH PROTEIN

250g e

Ingredients: Water, Whole Grain **Rye Flour*** (20%), **Wheat Protein*** (13%), Flax Seeds* (10%), **Soya Meal***, **Soya Flour***, Cider Vinegar*, Sunflower Seeds*, **Wheat Bran***, Apple Fibre*, Sea Salt, Yeast*.

*= Certified Organic Ingredients.

Allergy advice: For allergens, including cereals containing **gluten**, see ingredients in **bold**. Not suitable for **nut** or **sesame** allergy sufferers due to manufacturing methods.

Separate slices with a knife. Unopened best before: see stamp on front. Once opened, store in a sealed container in the fridge and use within 3 days.

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Average Nutritional Values per 100g

Energy	1007kJ / 241kcal
Fat	8.9g
of which Saturates	1.0g
Carbohydrate	14.4g
of which Sugars	1.7g
Fibre	11.4g
Protein	20.1g
Salt	1.0g