## 250gms

Once open keep refrigerated, consume within one month.

**Ingredients:** Organic lemons, organic root ginger, organic cane sugar.

 Nutrition info: per 100gms

 Energy
 354kj/84kcal

 of which saturates
 <0.2g</td>

 Carbohydrate
 <18.4g</td>

 of which sugars
 <17.5g</td>

 Protein
 <0.4g</td>

 Salt
 0.03q

Flor de Madre Ltd. Casa de Madre, Bohemia Place, London, E8 1DU. Packaged at TA9 4JS EU: The Black Chapel, St Mary's Place, Dublin D07 P4AX





Directions: Add a spoon to hot water, stir & sip. For extra efficacy try adding turmeric, honey, cayenne or black pepper and sliced lemon. Our immune boosting by-product of our water kefir fermentation, a wonderful pure remedio to aid digestion, soothe and invigorate.

Raise a glass to your digestive system, the health-enhancing hero under your poncho. If you want to have good times and keep your glow, shake those maracas, go with your gut and trust that the Madre knows best.

Join our community of Madres @aquademadre aquademadre.co.uk





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