

True Veda Organic Bacopa

100% ORGANIC

CLEAN. PURE. EFFECTIVE.

SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Capsule
Servings per Container: 30

Amount per Serving

Organic Bacopa Full Spectrum Standardized Extract 20:1 Herb to Extract Ratio**	1000 mg*
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(*Bacopa Monnieri*, 50% Bacosides)

** Equivalent to whole plant Bacopa	20 g
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*Daily Values not established

Other Ingredients:
Plant-based Hypromellose Capsule.



Description:

Bacopa Monnieri, also known as Brahmi or Herb of Grace, is a perennial plant, traditionally used for hundreds of years in Ayurveda. The Bacopa Monnieri supplies a diversity of active compounds, it is a class of phytonutrients, called Bacosides, for which this plant is best known. We offer a Premium Organic Bacopa Supplement with an increased concentration of Bacosides (50%) and a ratio of 20:1.

General Benefits:

Our premium Brahmi supplement has attained organic approval by the Soil Association. Bacopa has traditionally been used in Ayurveda for enhancing focus and mental health, whilst also aiding in the relaxation of the mind. Due to its beneficial effects on the nervous system, Bacopa Monnieri is traditionally considered in Ayurvedic medicine as the plant that can "Open the mind to knowledge". Looking after your body is key but we shouldn't forget to take care of our minds. When your brain is nourished and has all the nutrients it needs, you'll feel sharper, more alert and motivated.