## SPARKLING WATER KEFIR WITH GINGER + LEMON

INGREDIENTS: Kefir water (filtered water, organic cane sugar for fermentation, organic fig, water kefir culture), organic ginger juice, organic lemon juice.

Nutritional Info	Typical values per 100m
Energy	68kJ/16kca
Fat	· <0.1g
of which saturates	<0.1
Carbohydrates	3.3
of which sugars	2.7
Protein	<0.1
Salt	<0.10

WARNING: Always keep refrigerated to prevent further fermentation and build up of  ${\rm CO_2}$ 

BATCH:

**BEST BEFORE:** 

## DO NOT SHAKE ME OPEN VERY CAREFULLY

Contains alcohol from natural fermentation 0.5% ABV Natural colour variation and separation may occur



## A STIMULATING fizz, naturally containing gut-friendly cultures.

PiQi is a traditionally fermented drink that contains billions of live cultures and uplifting botanicals to help you feel peachy from the inside out.

**CULTURED BEVERAGE** 

**RAW & UNPASTEURISED** 

PACKED WITH NUTRIENTS

## HANG OUT piqilife.com @piqilife

PEOPLE



Plantae Group Itd (PiQi) Unit 5, Venn Valley Winery, Landkey, EX32 ONN

