



QUIRKYMONKEY

QuirkyMonkey Cordyceps Mushroom Coffee Fusion 150g (Grounded & Rounded)

Ground Coffee Ingredients

Roasted Arabica Coffee*, Cordyceps Mushroom Extract, Ashwagandha Root Powder, Raw Cacao Powder, Maca Root Powder, Medium Chain Triglycerides Oil (from coconut).

Energy per 100g

70kj/17kcal

Fat 1g

of which saturates 0g

Carbohydrates 1g

of which sugars 0g

Fibre 1.3g

Protein 0.3g

Salt 0g

QuirkyMonkey Brew Guide (approximates)

Filter –4 teaspoons per 450ml water

Cafetiere –3 teaspoons per 250ml water

Espresso –1 teaspoon per single shot

Made with natural ingredients and suitable for vegans / gluten free /Keto

Made in the UK

www.quirkymonkey.com

