

NUTRITIONAL INFORMATION

| TYPICAL VALUES | Per 100g | Per 40g | Per 40g with 300ml almond drink* | % RI** |
|--------------------------------------|------------------|-----------------|----------------------------------|--------|
| Energy | 1595kJ / 380kcal | 638kJ / 152kcal | 1058kJ / 254kcal | 13% |
| Fat | 12g | 4.8g | 14g | 20% |
| of which saturates | 2.5g | 1.0g | 1.6g | 8% |
| Carbohydrate | 10g | 4.0g | 5.2g | 2% |
| of which sugars | 2.5g | 1.0g | 1.0g | 1% |
| Fibre | 11g | 4.4g | 6.5g | - |
| Protein | 53g | 21g | 25g | 50% |
| Salt | 2.0g | 0.8g | 1.1g | 18% |
| Vitamins & Minerals | | | | |
| B1 Thiamin | 0.94mg | 0.38mg | 0.38mg | 34% |
| B2 Riboflavin | 11mg | 0.4mg | 0.4mg | 32% |
| B3 Niacin | 20mg | 8mg | 8mg | 50% |
| Pantothenic Acid | 8.4mg | 3.4mg | 3.4mg | 56% |
| Vitamin B6 | 1.5mg | 0.6mg | 0.6mg | 43% |
| Folate | 209µg | 84µg | 84µg | 42% |
| Vitamin B12 | 2µg | 0.8µg | 0.8µg | 32% |
| Biotin | 58µg | 23µg | 23µg | 46% |
| Vitamin C | 64mg | 26mg | 26mg | 32% |
| Vitamin A | 640µg | 256µg | 256µg | 32% |
| Vitamin D3 | 4µg | 1.6µg | 1.6µg | 39% |
| Vitamin E | 9.6mg | 3.8mg | 3.8mg | 32% |
| Vitamin K | 60µg | 24µg | 24µg | 32% |
| Selenium | 56µg | 22µg | 22µg | 41% |
| Iron | 25mg | 10mg | 10mg | 71% |
| Iodine | 139µg | 56µg | 56µg | 37% |
| Zinc | 11.3mg | 4.5mg | 4.5mg | 45% |
| Copper | 1.6mg | 0.6mg | 0.6mg | 64% |
| Calcium | 788mg | 315mg | 315mg | 39% |
| Potassium | 1500mg | 600mg | 600mg | 30% |
| Phosphorus | 935mg | 374mg | 374mg | 53% |
| Chromium | 40µg | 16µg | 16µg | 40% |
| Magnesium | 875mg | 350mg | 350mg | 93% |
| Manganese | 5.2mg | 2mg | 2mg | 104% |
| Additional Information Omega 3, 6, 9 | 8.1g | 3.2g | 3.2g | |

INGREDIENTS

Plant Protein Blend (Fermented Yellow Pea Protein, Cold Pressed Hemp Protein, Pumpkin Seed Protein), Golden Flaxseed Powder, Vegan Micronutrient Blend*, Vegetable Blend (Beetroot, Broccoli, Kale, Carrot, Spinach), MCT powder (from coconut), Natural Flavouring, Konjac (glucomannan), Pink Himalayan Salt, Ashwagandha Root Powder, Turmeric Powder, Ceylon Cinnamon, Strawberry Juice Powder (0.5%), Sweetener: Stevia Extract (steviol glycosides), Antioxidant (Rosemary Leaf Extract), Enzyme Blend (Papain, Ginger Extract, Peppermint Leaf, Black Pepper Extract), Live Cultures Blend (L.acidophilus, L.plantarum, L.casei, B.bifidum, B.longum).

*Providing vitamins and minerals: Potassium Citrate, Marine Algae Calcium (Lithothamnion Sp.), Marine Magnesium, Germinated Buckwheat Blend (Niacin, Zinc, Pantothenic Acid, Riboflavin, Pyridoxine, Thiamine, Folic Acid, Biotin), Vitamin C (Acerola Cherry Extract), Plant Based Vitamin K2 (MK7 all-trans), Vitamin E (d-Alpha Tocopherol), Vitamin A (Beta Carotene), Vitamin D3 (from Algae), Vitamin B12 (Methylcobalamin), Iodine (from Knotted Kelp Seaweed).

Strawberry flavoured plant-based meal replacement powder with Omega 3 fatty acids, vitamins and minerals with sweetener.

** Reference intake of average adult (8400kJ/2000kcal)

~ Made up as per instructions with 300ml Almond drink

EU Distributor

Vivo Life, Berlin, Leuchtenfabrik, House A, 1st floor, Edisonstraße 63, Berlin, 12459, Germany

KEY FEATURES

- ✓ Have as breakfast or lunch
- ✓ High in protein
- ✓ Essential Omega 3,6,9
- ✓ Cold processed and fermented protein sources
- ✓ 25 food-based vitamins & minerals
- ✓ Added turmeric and ginger
- ✓ Gluten free
- ✓ No added sugar

DIRECTIONS

Add 1 rounded scoop or 2 heaped tablespoons (approx. 40g) to 300ml of water or your choice of plant-based drink, smoothie or bowl.

Use 1 - 4 servings per day.

Get a reusable scoop at

www.vivolife.co.uk

Do not exceed the recommended usage.

This product should be used in conjunction with a varied and balanced diet, but not in place of one, ensure adequate fluid intake.

STORAGE CONDITIONS

Store in a cool place away from direct

sunlight. Reseal pouch after use.

Keep out of reach of children.

