

Our delicious **Organic Date Syrup** is a natural and nutritious sweetener. Low in fat, this tasty mellow plant-based syrup is a versatile kitchen essential.

Drizzle. Mix. Cook. Bake. Great for baking, pancakes, waffles, marinades, glazes and stirring in drinks. Shake well before use.

Ingredients: 100% Organic Date Syrup.

Storage: Store in a cool dark place, once opened keep refrigerated.

Typical Nutritional Values	Per 100g	Per 1 tsp (7.5g)
Energy	1259kJ 301Kcal	94.4kJ 22.6Kcal
Fat	0.6g	0.05g
of which Saturates	<0.05g	<0.01g
Carbohydrate	71.0g	5.3g
of which Sugars	62.0g	4.7g
Protein	2.7g	0.2g
Salt	0.4g	0.03g



GB-BIO-142
Non-EU Agriculture

GB-ORG-05
Non-UK-Agriculture



www.groovyfood.co.uk

Country of
Origin: UAE

45 Portions
per pack



Best Before
see neck

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