

## **SUPPLEMENT FACTS**

Serving Size: 2 Vegetarian Capsule Servings per Container: 30

## **Amount per Serving**

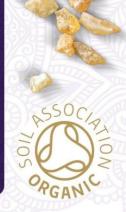
Organic Boswellia Serrata 900 mg\* Full Spectrum Standardized Extract 5:1 Herb to Extract Ratio\*\*

(Boswellia Serrata 75% Boswellic Acid)

\*\* Equivalent to whole plant Boswellia Serrata 4.5 g

\*Daily Values not established

Other Ingredients: Plant-based Hypromellose Capsule.





## **Description:**

Boswellia Serrata, the source of Indian Frankincense, is one of the ancient and most valued herbs in Ayurveda, traditionally used as a natural and healthy response to inflammation. The active ingredients contained in the Boswellia Serrata plant are called Boswellic Acids and our True Veda premium supplement has 75%, one of the highest concentrations of Boswellic Acids available in the market.

Our premium Boswellia supplement is pure & clean and attained Organic approval by Soil Association. Boswellia has traditionally been used in Ayurveda medicine for its natural joint soothing properties.

## **General Benefits:**

Boswellic acids, the active ingredients contained in the Boswellia Serrata plant, have properties that may help your body achieve a higher state of well-being.

Everyone wants to be active and mobile through life but knee, hips and other joint pain might limit you in your daily movements. Thanks to its soothing properties, Boswellia can provide natural support to ease joint pain and stiffness. Additionally, the powerful supplement can improve flexibility and range of motion whilst also easing inflammation.

One True Veda Boswellia Serrata Extract capsule provides the equivalent strength of FIVE Boswellia Serrata Powder capsules!