

## NATURE'S PUREST TREASURES®

TIANA Raw Active Wild Forest Honey is a phytonutrient-rich honey containing active complex of enzymes, antioxidants, amino-acids, and polyphenols to provide antibacterial and antioxidant properties. The activity of the honey ensures that the enzymes act as the catalyst to boost and improve your digestion as well as general health and wellbeing.

Premium quality, unprocessed, unpasteurised, and unfiltered, 100% pure raw honey with a delicious taste and intensive flavour. TIANA Raw Active Wild Forest Honey is a source of fuel for energy and excellent as part of a healthy balanced diet.

ENZYME DIASTASE is the INTERNATIONAL STANDARD used to determine the quality and activity of unheated raw honey.

TIANA RAW ACTIVE WILD FOREST HONEY IS TESTED IN AN INDEPENDENTLY CERTIFIED LABORATORY AND HAS ENZYME DIASTASE ACTIVITY 12+.

TIANA Raw Active Wild Forest honey is cold extracted and packed at temperatures below 40°C to guarantee all the benefits of the important nutrients that are only available in raw fresh honey.

The superb quality and delicious taste makes TIANA Raw Active Wild Forest Honey stand out from the rest. **TIANA the Brand You can Trust!**

For more information about TIANA Raw Active Honey range visit [www.tiana-organics.com](http://www.tiana-organics.com)



## TIANA Raw Active Wild Forest Honey

Enzyme Diastase Activity 12+

**INGREDIENTS:** Raw Active Wild Forest Honey

### NUTRITION INFORMATION

Typical Values per 100g

Energy

Fat

of which saturates

Carbohydrate

of which sugars

Fibre

Protein

Salt

917 kJ

301 Kcal

0g

0g

68.30g

68.30g

0g

0.1g

0g

### Ingrediënten/Ingredients:

100% Miel/100% Honing

Valeur moyennes pour 100g/

Waarden per 100g: Energie

kJ/Energie kJ 917, kcal/kcal

301, Lipides/Vet 0g,

Dont/Waarvan Acides Gras

Saturés/Verzadigd 0g,

Carbohydrates/Koolhydraten

68.30g, Dont/Waarvan

Sucre/Suikers 68.30g, Fibres/

Voedingsvezels 0g, Protéines/

Eiwit 0.1g, Sel/Zout 0g

**DIRECTIONS:** For maximum results enjoy 2-3 teaspoons daily. Very versatile in many recipes or use over porridge, pancakes, toast or crumpets.

Honey should not be given to babies under 12 months

### STORAGE INFORMATION:

Store in a cool, dark dry place

away from direct sunlight.

Best Before see cap.

Colour and flavour may vary

slightly depending on season.

Produce of the EU.

**TIANA Fairtrade Organics Ltd**

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**250g e**

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