

Produced in Portugal

5034210521869

NUTRITION INFORMATION		
Servings per package: 2		
Serving size: 52g (Drained weight)		
	Per serving	Typical value per 100g (drained)
Energy	384kJ/92kcal	740kJ/177kcal
Fat - Total	3g	5.9g
of which saturates	0.02g	0.4g
Carbohydrates	0g	0g
of which sugars	0g	0g
Protein	16.1g	30.9g
Salt	0.47g	0.9g
Sodium	187mg	360mg

Skipjack tuna steaks in organic olive oil

Ingredients: Skipjack tuna (65%), extra virgin olive oil * (33.5%), salt (1.5%), *Organic agriculture certified by Ecocert Portugal PT-Bio-02 (Total percentage of Organic ingredients: 33.5%)

For allergens, see ingredients in bold

Contains fish

Net weight **160g e**
Drained weight **104g**

Ingredients: Skipjack tuna pole and line fished and packed in the Azores, Atlantic Ocean. Organico Realfoods, 3 City Limits, Reading, RG6 4UP, UK. Tel: 0118 923 8760 www.fish4ever.eu. Australia: First Ray, Suite 173 / 137 Cardigan St, Carlton, 3053 VIC Australia. www.firstray.com.au

Best before: see can
Once opened keep refrigerated and consume within 2 days.

PT

C213 1P

CE

Enter code on base of can at fish4ever.co.uk to trace your fish back to the boats that caught it.

FISH4EVER

AZORES TUNA STEAKS

in organic olive oil

160g

- Local boats
- Pole and line
- 100% traceable