

Sparkling soft drink with prickly pear fruit with added vitamin C

Typical Values	Per 100ml	Per can (330ml)
Energy	62kJ/15kcal	204kJ/48kcal
Fat	<0.5g	0.6g
<i>of which saturates</i>	<0.1g	<0.1g
Carbohydrate	2.6g	8.5g
<i>of which sugars</i>	0.6g	2.1g
Fibre	0.5g	1.7g
Protein	<0.5g	0.8g
Salt	<0.01g	0.03g
Vitamin C	40mg (50%) *	132mg (164%) *

*NRV = Nutrient Reference Intake

Ingredients: Sparkling Water, Prickly Pear (15%) [Purée, Concentrate], Cloudy Lemon Concentrate, Pear Concentrate, Natural Flavouring, Vitamin C (Ascorbic Acid).

Claims:

- Low Calories
- Low Sugar
- Fat Free
- No Saturated Fat
- High in Fibre
- High in Vitamin C

Health claims associated with Vitamin C

- ✔ Vitc contributes to normal collagen formation for the normal function of blood vessels
- ✔ Vitc contributes to normal collagen formation for the normal function of bones
- ✔ Vitc contributes to normal collagen formation for the normal function of cartilage
- ✔ Vitc contributes to normal collagen formation for the normal function of gums
- ✔ Vitc contributes to normal collagen formation for the normal function of skin
- ✔ Vitc contributes to normal collagen formation for the normal function of teeth
- ✔ Vitc contributes to normal energy-yielding metabolism
- ✔ Vitc contributes to normal functioning of the nervous system
- ✔ Vitc contributes to normal psychological function
- ✔ Vitc contributes to the normal function of the immune system
- ✔ Vitc contributes to the protection of cells from oxidative stress
- ✔ Vitc contributes to the reduction of tiredness and fatigue
- ✔ Vitc contributes to the regeneration of the reduced form of vitamin E
- ✔ Vitc increases iron absorption

Date: 26/02/2026

Signed: - Georgina Stewart – Director of Regulatory Compliance & Nutrition

