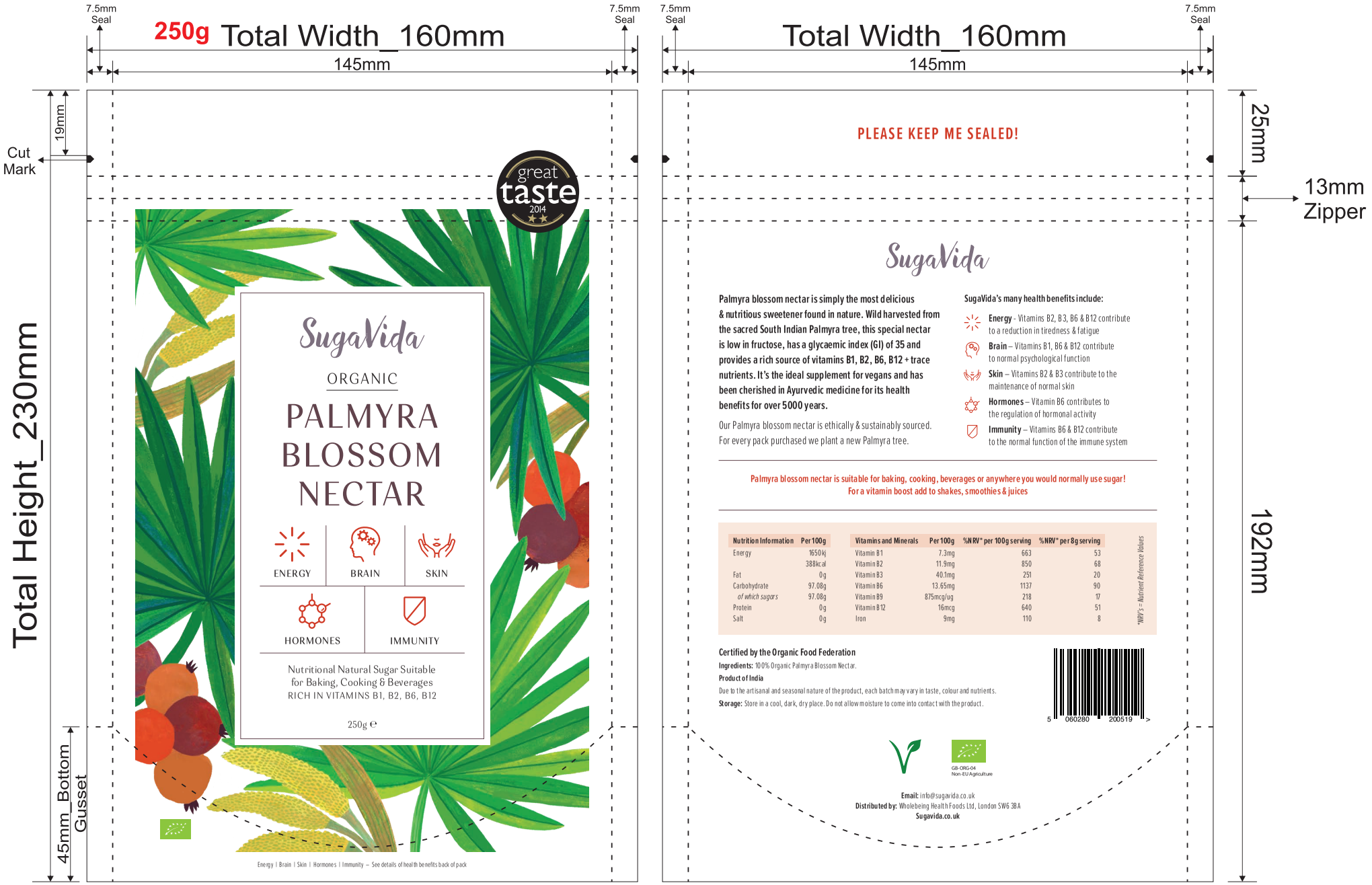
7.5mm Seal
250g Total Width_160mm
145mm
7.5mm Seal
7.5mm Seal
Total Width_160mm
145mm
7.5mm Seal
19mm
Cut Mark
Total Height_230mm
45mm_Bottom Gusset
great taste 2014
SugaVida
ORGANIC
PALMYRA BLOSSOM NECTAR
ENERGY
BRAIN
SKIN
HORMONES
IMMUNITY
Nutritional Natural Sugar Suitable for Baking, Cooking & Beverages
RICH IN VITAMINS B1, B2, B6, B12
250g e
Energy | Brain | Skin | Hormones | Immunity – See details of health benefits back of pack
PLEASE KEEP ME SEALED!
SugaVida
Palmyra blossom nectar is simply the most delicious & nutritious sweetener found in nature. Wild harvested from the sacred South Indian Palmyra tree, this special nectar is low in fructose, has a glycaemic index (GI) of 35 and provides a rich source of vitamins B1, B2, B6, B12 + trace nutrients. It's the ideal supplement for vegans and has been cherished in Ayurvedic medicine for its health benefits for over 5000 years.
Our Palmyra blossom nectar is ethically & sustainably sourced. For every pack purchased we plant a new Palmyra tree.
SugaVida's many health benefits include:
Energy - Vitamins B2, B3, B6 & B12 contribute to a reduction in tiredness & fatigue
Brain – Vitamins B1, B6 & B12 contribute to normal psychological function
Skin – Vitamins B2 & B3 contribute to the maintenance of normal skin
Hormones – Vitamin B6 contributes to the regulation of hormonal activity
Immunity – Vitamins B6 & B12 contribute to the normal function of the immune system
Palmyra blossom nectar is suitable for baking, cooking, beverages or anywhere you would normally use sugar!
For a vitamin boost add to shakes, smoothies & juices
Nutrition Information | Per 100g | Energy | 1650 kj | 388kcal | Fat | 0g | Carbohydrate | 97.08g | of which sugars | 97.08g | Protein | 0g | Salt | 0g
Vitamins and Minerals | Per 100g | %NRV* per 100g serving | %NRV* per 8g serving | Vitamin B1 | 7.3mg | 663 | 53 | Vitamin B2 | 11.9mg | 850 | 68 | Vitamin B3 | 40.1mg | 251 | 20 | Vitamin B6 | 13.65mg | 1137 | 90 | Vitamin B9 | 875mcg/ug | 218 | 17 | Vitamin B12 | 16mcg | 640 | 51 | Iron | 9mg | 110 | 8
*NRV's = Nutrient Reference Values
Certified by the Organic Food Federation
Ingredients: 100% Organic Palmyra Blossom Nectar.
Product of India
Due to the artisanal and seasonal nature of the product, each batch may vary in taste, colour and nutrients.
Storage: Store in a cool, dark, dry place. Do not allow moisture to come into contact with the product.
5 060280 200519
GB-ORG-04 Non-EU Agriculture
Email: info@sugavida.co.uk
Distributed by: Wholebeing Health Foods Ltd, London SW6 3BA
Sugavida.co.uk
25mm
13mm Zipper
192mm