

600mg of liposomal Lion's Mane per serving

Nutritional information per daily intake: 2 capsule

Lion's Mane	600mg**
Cognizin Citicoline	250mg**
Omega 3 DHA (Algae)	120mg**
L-Theanine	100mg**
Vitamin B12 (Methylcobalamin)	150mcg (*6000%)

Liposomal Lion's Mane food supplement. 60 capsules. Take 2 capsule daily with or without food depending on preference.

Ingredients: Lion's Mane, Cognizin® Citicoline, Omega 3 DHA (Algae), L-Theanine, Vitamin B12 (Methylcobalamin), Gum Arabic, Sunflower lecithin, Inulin, Vegetable capsule shell: Hydroxypropyl methyl cellulose, Colour (Calcium Carbonate).