

Nourish Kefir Organic Starter Cultures 18g (6 x 3g)

Ingredients:

Organic kefir grains fermented in organic cow's **milk**, active kefir bacteria include LAB, lactococcus, leuconostoc, kefiran, para kefiri, s.cerevisiae, organic skimmed **milk** powder, organic maltodextrin.

Allergy advice - ingredients in **bold**

Allergy advice: The Organic Skimmed Milk Powder was packaged in a factory that handles other allergens: **cereals, gluten, nuts, sesame and soya**