

Product Code:	S-MVH-D-045	Description:	Shilajit Gummy		
Effective Date:	07 April 2024	Version:	2	Weight:	3g
Colour:	Purple	Shape:	Round-2	Flavour:	Blackcurrant

Ingredients and Breakdown Components	% Input Range	Providing
Shilajit Extract 10:1	1.3 - 4	Shilajit Extract 10:1: 80mg
Ashwagandha Extract 10:1 (Ashwagandha Extract 90-95%, Carrier: Maltodextrin 5-10%)	0.25 - 0.75	Ashwagandha Extract 10:1: 15mg
Zinc Citrate	0.087 - 0.26	Zinc: 1.5mg
Cyanocobalamin	0.033 - 0.1	Vitamin B12: 1.25µg
Vitamin B6 (Pyridoxine Hydrochloride)	0.018 - 0.053	Vitamin B6: 0.7mg
Glucose Syrup	22 - 65	
Sucrose	22 - 65	
Purified Water	2.8 - 8.5	
Pectin (Pectin 65-75%, Sucrose 25-35%)	1.1 - 3.3	
Citric Acid	0.6 - 1.8	
Sodium Citrate	0.3 - 0.9	
Natural Blackcurrant Flavouring (Propan-1,2-diol 77-82%, Blackcurrant Juice Concentrate 1-5%, Natural Flavouring Substances 4-9%, Water 7-12%)	0.13 - 0.38	
Anthocyanins	0.075 - 0.23	
Canola Oil	0.029 - 0.088	
Coconut Oil	0.029 - 0.088	
Carnauba Wax	0.0065 - 0.02	

Suggested Ingredients List:

Glucose Syrup, Sucrose, water, Shilajit Extract 10:1 (Asphaltum Panjabinum), Gelling Agent (Pectin), Acidity Regulators (Citric Acid, Sodium Citrate), Ashwagandha Extract 10:1 (Withania Somnifera), Natural Blackcurrant Flavouring, Zinc Citrate, Colour (Anthocyanins), Vitamin B12 (Cyanocobalamin), Canola Oil, Coconut Oil, Vitamin B6 (Pyridoxine Hydrochloride) Glazing Agent (Carnauba Wax)

Allergen Declaration:

No major allergens as per Regulation EU 1169/2011. May contain Gluten, Crustaceans, Milk, Fish and Soy.

Storage Conditions:

Product should be stored in the original unopened packaging, at 5-25°C temperature, relative humidity of 35-75%, and out of direct sunlight.

Shelf Life:

24 months after the manufacturing date providing the product is stored at the storage conditions shown.

Heavy Metal Limits:

Lead: $\leq 1.5\text{mg/kg}$; Arsenic: $\leq 1.0\text{mg/kg}$; Mercury: $\leq 0.1\text{mg/kg}$; Cadmium $\leq 1.0\text{mg/kg}$

Microbiological Limits:

Total aerobic microbial count: $\leq 1,000\text{ cfu/g}$; Mould: $\leq 25\text{ cfu/g}$; Yeast $\leq 25\text{ cfu/g}$; E. coli $\leq 10/\text{g}$; Salmonella: $\leq 10/\text{g}$; S. aureus $\leq 10/\text{g}$

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Signature:



Title: Compliance and Regulations Manager

Date: 20 January 2026