

## **LAMBERTS®**

THE PROFESSIONAL RANGE

Maximum Absorption

Zinc 15mg

(as Citrate)

90 Tablets

DIRECTIONS: Take 1 tablet daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and healthy lifestyle.

INGREDIENTS: Calcium Carbonate, Zinc Citrate, Modified Starch, Cellulose, Anti-caking Agents (Silicon Dioxide, Magnesium Stearate & Stearic Acid).

- V Suitable for vegetarians
- V Suitable for vegans

KEEP AWAY FROM CHILDREN

## NUTRITION INFORMATION

Typically per tablet: %NRV\*
Zinc (as Citrate) 15mg 150

\*NRV = Nutrient Reference Value

Zinc as citrate for maximum absorption.

Zinc contributes to normal:

- cognitive function
- fertility and reproduction
- immune system function
- macronutrient metabolism
- maintenance of bones, hair, and skin
- maintenance of vision

TO BE TAKEN ON THE ADVICE OF A PRACTITIONER OR PHARMACIST ONLY 8282-90

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