

Stage 1 introduces your baby to their first taste of predominantly savoury solid foods, starting at around 6 months (and no earlier than 4) whilst continuing to breast or formula feed. However, every baby is unique, so be guided by your instincts and your health care professional.

Learn more about weaning at [www.babease.co](http://www.babease.co)

**SERVE** at room temperature, or heat by standing the pouch in hot water. Always check temperature before serving. Never microwave the pouch.

**STORE** in a cool dry place. Once opened, keep in a fridge for up to 24 hours. Do not reheat.

**WARNING** if the pouch is damaged or inflated, do not serve. Instead, return it to us.

GLUTEN  
FREE

DAIRY  
FREE



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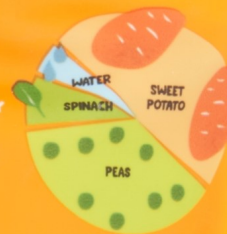
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MADE IN SMALL  
BATCHES IN THE UK

Freepost Babease

A BLEND OF SWEET  
POTATO, PEAS AND  
SPINACH IS A GREAT  
WAY TO INTRODUCE  
SWEET AND SAVOURY  
NOTES TO YOUR  
LITTLE ONE'S PALATE.

ENJOY AS PART OF A  
BALANCED WEANING DIET



Organic Ingredients: Sweet Potato (48%),  
Peas (38%), Spinach (10%), Water\*.  
\*(Non organic)

NUTRITION: TYPICAL VALUES	PER 100g
ENERGY	271kJ 64kcal
FAT	0.4g
OF WHICH SATURATES	0.1g
CARBOHYDRATES	14.2g
OF WHICH SUGARS*	4.9g
FIBRE	4.2g
PROTEIN	3.2g
SALT**	0.04g

\* Only contains naturally occurring sugars.

\*\* Salt content due to the presence of naturally occurring sodium.

\*Protein is needed for normal growth and development of bone in children.



Best Before End