

Breastfeeding TH-BREAST-60

60 capsules per pack

Ingredient	Form/Latin Name	Weight	% Fill	
		mg	Excluding Cap	Including Cap
Vitamin D3	<i>Cholecalciferol</i>	3.00	0.52%	0.45%
Vitamin E	<i>Natural Mixed Tocopherols</i>	10.90	1.91%	1.63%
Vitamin C	<i>Ascorbic Acid</i>	36.00	6.30%	5.39%
Vitamin B1	<i>Thiamin</i>	10.90	1.91%	1.63%
Vitamin B2	<i>Riboflavin</i>	10.90	1.91%	1.63%
Niacin	<i>Niacinamide</i>	10.90	1.91%	1.63%
Vitamin B6	<i>Pyridoxine Hydrochloride</i>	10.90	1.91%	1.63%
Folic Acid	<i>Folic Acid</i>	0.80	0.14%	0.12%
Vitamin B12	<i>Methylcobalamin</i>	1.25	0.22%	0.19%
Biotin	<i>Biotin</i>	10.90	1.91%	1.63%
Pantothenic Acid	<i>Pantothenic Acid</i>	10.90	1.91%	1.63%
Vitamin K1	<i>Phylloquinone</i>	10.90	1.91%	1.63%
Vitamin K2	<i>Menaquinone-7</i>	1.75	0.31%	0.26%
Iron	<i>Non-Heme Iron</i>	10.90	1.91%	1.63%
Zinc	<i>Ionic Zinc</i>	50.00	8.74%	7.49%
Copper	<i>Ionic Copper</i>	20.00	3.50%	2.99%
Sea Magnesium	<i>Magnesium Hydroxide</i>	272.73	47.69%	40.84%
Manganese	<i>Ionic Manganese</i>	10.90	1.91%	1.63%
Selenium	<i>Organic Selenium</i>	1.43	0.25%	0.21%
Chromium	<i>Ionic Chromium</i>	10.90	1.91%	1.63%
Iodine	<i>Ionic Iodine</i>	15.00	2.62%	2.25%
Beta Carotene	<i>Beta Carotene</i>	25	4.37%	3.74%
Choline	<i>Phosphatidylcholine (PC) and Free Choline For</i>	25	4.37%	3.74%

Sub Total	571.86		
------------------	---------------	--	--

Size 1 Capsule	96.00		14.37%
----------------	-------	--	--------

Total Weight	667.86	100.00%	100.00%
---------------------	---------------	----------------	----------------

INGREDIENTS:

Extract blend (guava leaf, holy basil leaf, amla fruit, curry leaf, lemon, agathi leaf, mustard seeds, carrot root, soybean,

NUTRITIONAL ANALYSIS:

2 capsules provide on average (NRV):Vitamin D3: 15µg (300%)Vitamin E (8 tocopherols & tocotrienols): 3.6mg a-TE (30%)

CERTIFIED ORGANIC:

No

DATE OF LAST CHANGE:

BATCH CHANGED FROM:

REASON FOR CHANGE: