



MANUFACTURING
G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 (CR): 26/03/26

HIN69.spc

SPECIFICATION

PRODUCT NAME: Magnesium 90s
CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)
EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound Weight
Magnesium (Bisglycinate) (Buffered)	270.00 mg	900.00 mg
<i>Magnesium Bisglycinate, Magnesium Oxide.</i>		
Vitamin B6 (Pyridoxal 5'-phosphate)	700.00 µg	1.10 mg
Capsule Shell: Vegetable Cellulose (HPMC)		120mg

EXCIPIENTS: None.
APPEARANCE: Powder filled in two piece hard shell capsules.
DIAMETER: 0.9 cm (size 00)
SHELF LIFE: Retest after 3 years
DISINTEGRATION TIME: Within 30 minutes
SPECIFICATION VALIDITY: 1 year from last issue
QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 90 capsules packed into a 200ml amber glass jar with 45mm IHS silver lid. Customer supplied label applied.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation.

ORGANIC RESPONSIBILITY: All organic products need to be certified by the Soil Association who reserve the right to refuse any product not complying with organic standards. Product specifications (MIPS or SIPS) detailing the formula with ingredient suppliers and their certification bodies are to be submitted to them along with draft labels prior to printing labels and starting production. Our product specification is not valid without their approval. G&G is liaising with the Soil Association, but customers who supply their own ingredients or wholesale their products are required to have their own organic license. Only companies that sell packed organic products directly to the end consumer are exempt from holding their own license.

PRODUCT STABILITY: G&G Food Supplies Ltd can help and advise concerning the stability of your formulation but should you want full stability testing done then a charge for this service would need to be levied. Please note however that you are legally responsible for your own formulation and product stability.

CUSTOMER SUPPLIED INGREDIENTS: All deliveries of customer supplied ingredients need to be pre-advised stating what supplier is delivering, the name of the product and the G&G finished product code (located in the top right of each product specification sheet) identifying into which product the ingredient(s) is to be used. The ingredient(s) then need to arrive with a delivery note, Certificate Of Analysis (COA) and the product code stated again so that we can clearly identify the ingredient(s) supplied.

GENERAL: The above product will be manufactured according to Good Manufacturing Practice (GMP) and Good Hygiene Practice (GHP) procedures and regulations. Independent analyses are carried out on all the individual ingredients.

COSTING: Due to the possibility of increased costs related to the manufacture of this product, G&G reserve the right to review and amend the price below after the initial manufacture of the product which will be implemented before the next production run.

I/We the client understand that G&G will charge VAT on all commercial product delivered to any UK address where applicable and that I/we the client are entirely responsible for obtaining any specific VAT Clearance for my product from HMRC regardless of the VAT status of other similar product. I/we accept this responsibility on the understanding that G&G have no control over how I/we formulate, market and re-sell this product, which is a critical test as to any VAT status assessment that HMRC may conduct. G&G Advises all customers prior to taking goods to market that HMRC are contacted for advice and/or a decision on the VAT status of any product which may be ambiguous.

G&G will not provide advice on this matter and will charge VAT on manufactured product until any specific exemption is obtained in writing from HMRC and will co-operate with you and HMRC to recover any overpayments.

The manufacturing facility (Clean Room) at G&G Food Supplies Ltd is validated as EU GMP Grade D (ISO Class 8). Company registration number 2103924. G&G are inspected and certified by the MHRA for EU GMP, The Soil Association as organic and Kosher by Rabbi Adler. G&G are members of the UK Health Food Manufacturers Association and are registered for manufacturing food products with the local council.

We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
(E & O.E)

Price: £3.49 per jar of 90 capsules. Minimum order 2000 jars.



[Hala Ali \(Mar 27, 2026 18:58:46 GMT\)](#)

Customer formulation approval
Name, Date and Signature



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 – 02/03/2026

HIN77.spc

SPECIFICATION

PRODUCT NAME: Kids Multi Banana – 208g (8 servings) (26g serving)
CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)

EACH GRAM TO PROVIDE (PER GRAM):

	Net Label Claim	Gross Compound weight
Banana powder (<i>Musa acuminata</i>)	332.99 mg	332.99 mg
Milk Protein Concentrate (85% Protein)	307.65 mg	307.65 mg
Date powder (<i>Phoenix dactylifera</i>)	115.37 mg	115.37 mg
<i>Maltodextrin</i>		
Inulin powder (<i>Chicory</i>) (<i>Chichorium intybus</i>)	96.14 mg	96.14 mg
Flaxseed Oil Powder (α-linolenic acid 50%) (<i>Linum usitatissimum</i>)	38.46 mg	38.46 mg
Potassium (Citrate)	11.54 mg	31.91 mg
Coconut Milk powder (<i>Cocos nucifera</i>)	30.77 mg	30.77 mg
<i>Maltodextrin, Corn starch</i>		
Calcium (Glycerophosphate)	4.61 mg	24.20 mg
Magnesium (Bisglycinate) (Buffered 30%)	2.31 mg	7.69 mg
<i>Magnesium oxide, Citric acid</i>		
Apple powder (<i>Malus pumila</i>)	7.69 mg	7.69 mg
Fructooligosaccharides (93% Actual FOS) (<i>Chichorium intybus</i>)	1.92 mg	1.92 mg
Vitamin C (L-Ascorbic Acid)	1.54 mg	1.54 mg
Iron (Bisglycinate)	269.20 µg	1.35 mg
Manganese Gluconate	38.46 µg	337.04 µg
Vitamin B3 (Nicotinamide)	307.65 µg	307.65 µg
Zinc (Citrate)	96.14 µg	307.16 µg
Vitamin E (Natural) (D-Alpha Tocopherol Succinate) (Providing 230.73 µg of Alpha Tocopherol)	230.73 µg	284.13 µg (0.34 IU)
Selenium (L-Selenomethionine)	1.06 µg	212.00 µg
<i>Dicalcium phosphate</i>		
Copper (Bisglycinate)	19.23 µg	192.30 µg
<i>Maltodextrin, Citric acid, Silicon dioxide</i>		
Vitamin A (Retinol Acetate)	15.38 µg	157.77 µg (5.13 IU)
<i>Maltodextrin, Gum Arabic, Sucrose, Vegetable oil, Tocopherols, Sodium ascorbate, Silicon dioxide</i>		
Vitamin D3 (Vegetarian)	0.38 µg	152.00 µg (15.0 IU)
<i>Maltodextrin, Sodium octenyl succinate starch, Sunflower oil, Ascorbic acid, DL alpha tocopherol, Vitamin D3 (Cholecalciferol)</i>		
Vitamin K2 (MK-7)	1.44 µg	144.00 µg
<i>Microcrystalline cellulose, MCT oil, Vitamin K2 all-trans MK-7</i>		
Vitamin B5 (Calcium Pantothenate)	115.37 µg	125.96 µg
Vitamin B2 (Riboflavin 5'-phosphate)	26.92 µg	36.88 µg
Vitamin B6 (Pyridoxine HCl)	26.92 µg	32.72 µg
Vitamin B1 (Thiamine HCl)	21.15 µg	26.77 µg
Folate (5-MTHF Calcium)	3.85 µg	5.00 µg
Iodine (Potassium Iodide)	2.88 µg	3.77 µg
Biotin	0.96 µg	0.96 µg
Vitamin B12 (Methylcobalamin)	0.05 µg	0.05 µg

EXCIPIENTS: None.
APPEARANCE: Powder
SHELF LIFE: Retest after 2 years
SPECIFICATION VALIDITY: 1 year from last issue

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 208g powder packed into a customer supplied pouch. 3g silica sachet inserted.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation.

ORGANIC RESPONSIBILITY: All organic products need to be certified by the Soil Association who reserve the right to refuse any product not complying with organic standards. Product specifications (MIPS or SIPS) detailing the formula with ingredient suppliers and their certification bodies are to be submitted to them by G&G along with draft labels prior to printing labels and starting production. Our product specification is not valid without their approval. G&G is liaising with the Soil Association, but customers who supply their own ingredients or wholesale their products are required to have their own organic license. Only companies that sell packed organic products directly to the end consumer are exempt from holding their own license. The word organic can only be used on labels if approved by the Soil Association.

PRODUCT STABILITY: G&G Food Supplies Ltd can help and advise concerning the stability of your formulation but should you want full stability testing done then a charge for this service would need to be levied. Please note however that you are legally responsible for your own formulation and product stability.

CUSTOMER SUPPLIED INGREDIENTS: All deliveries of customer supplied ingredients need to be pre-advised stating what supplier is delivering, the name of the product and the G&G finished product code (located in the top right of each product specification sheet) identifying into which product the ingredient(s) is to be used. The ingredient(s) then need to arrive with a delivery note, Certificate of Analysis (COA), laboratory test results if applicable, and the product code stated again so that we can clearly identify the ingredient(s) supplied. G&G operates a strict no peanut policy in its warehouse and manufacturing areas and as such cannot accept ingredients that contain peanuts or peanut derivatives. Nor can G&G accept ingredients that have been manufactured or packed in facilities containing peanuts or peanut derivatives without an ILAC signatory accredited ISO/IEC 17025 laboratory test demonstrating that the batch(es) supplied do not contain peanut.

GENERAL: The above product will be manufactured according to Good Manufacturing Practice (GMP) and Good Hygiene Practice (GHP) procedures and regulations. Independent analyses are carried out on all the individual ingredients.

COSTING: Due to the possibility of increased costs related to the manufacture of this product, G&G reserve the right to review and amend the price below after the initial manufacture of the product which will be implemented before the next production run.

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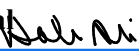
We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
E. & O.E.

Price:

£4.30 per pouch of 208g. Minimum order 2000 pouches

Customer formulation approval 

Name, Date and Signature: Hala Ali (Mar 27, 2026 18:58:46 GMT)



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 – 13/03/2026

HIN78.spc

SPECIFICATION

PRODUCT NAME: Sports Mixed Berry – 300g (30 servings) (10g serving)
CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)

EACH GRAM TO PROVIDE (PER GRAM):

	Net Label Claim	Gross Compound weight
Creatine Monohydrate (200 Mesh)	499.99 mg	499.99 mg
Berry (Mixed) (Natural)	90.00 mg	90.00 mg
<i>Dextrose, Silicon dioxide, Natural Flavouring Substances, Ethanol, Propylene glycol, Flavouring Preparations</i>		
Sodium (Citrate)	20.00 mg	85.28 mg
Glycine	83.90 mg	83.90 mg
Potassium (Chloride)	30.00 mg	57.20 mg
Calcium (Citrate Malate)	12.00 mg	57.14 mg
Citric Acid	57.00 mg	57.00 mg
Malic Acid	24.00 mg	24.00 mg
Magnesium (Citrate)	5.62 mg	18.75 mg
<i>Magnesium Citrate, Magnesium oxide</i>		
Vitamin C (L-Ascorbic Acid)	8.00 mg	8.00 mg
Iron (Bisglycinate)	1.40 mg	7.78 mg
<i>Glycinate, Ferrous</i>		
Stevia (98% Reb-A) (Stevia rebaudiana)	4.70 mg	4.70 mg
Zinc (Citrate)	999.97 µg	3.19 mg
Beetroot (Beta vulgaris)	2.00 mg	2.00 mg
Vitamin B5 (Calcium Pantothenate)	599.98 µg	655.07 µg
Vitamin D3 (Vegetarian)	1.00 µg	400.00 µg (40 IU)
<i>Maltodextrin, Sodium octenyl succinate starch, Sunflower oil,, Ascorbic acid, DL alpha tocopherol, Vitamin D3 (Cholecalciferol)</i>		
Iodine (Potassium Iodide)	15.00 µg	19.62 µg

EXCIPIENTS: None.

APPEARANCE: Powder

SHELF LIFE: Retest after 2 years

SPECIFICATION VALIDITY: 1 year from last issue

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

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TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 300g powder packed into a customer supplied pouch. 3g silica sachet inserted.

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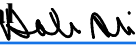
We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
E. & O.E.

Price:

£4.35 per pouch of 300g. Minimum order 2000 pouches

Customer formulation approval 

Name, Date and Signature: Hala Ali (Mar 27, 2026 18:58:46 GMT)

Dietapplements New Products

Final Audit Report

2026-03-27

Created:	2026-03-27
By:	G&G Vitamins (forms@gandgvitamins.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAA82LdqsdIDsmR4tSwA4wo2UXALmaUxNRv

"Dietapplements New Products" History

-  Document created by G&G Vitamins (forms@gandgvitamins.com)
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-  Signer info@dietapplements.com entered name at signing as Hala Ali
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