

At Health & Him, we are committed to support men with their hormonal health. That's why we have conducted research to understand how

Andropause is a natural and gradual decline in testosterone levels that men start to notice in their 40s, 50s and beyond

STORAGE: Store in a cool dry place, out of the reach of children. Best before end: see base. CAUTION: Do not exceed the recommended daily intake. A food supplement should not be used as a substitute for a varied, balanced diet and healthy lifestyle. Always consult your GP before taking food supplements if you are taking medication or have an existing medical condition.

DIRECTIONS FOR MEN: Take 2 capsules daily: ideally 1 with breakfast and 1 with lunch or as directed by a healthcare professional.

For more information and helpful advice, visit our website: healthandhim.com Email us at contact@healthandhim.com

Write to us at:

UK: Health & Him, PO Box 1137,
Cardiff, CF11 1WQ

EU: Health & Him, 77 Lower
Camden Street, Dublin,
D02 XE80, Ireland
Made in the UK Recyclable carton and bottle

best to support wellbeing during andropause.
Formulated by experts, Health & Him
Andropause 40+ contains a blend of vitamins,
minerals and active botanicals and provides
men with a convenient source of
phytotestosterone, Tribulus Terrestris. HEALTH & **HIM** WHAT IS ANDROPAUSE? Can be taken alongside NIGHT **ANDROPAUSE** 

+TESTOSTERONE SUPPORT O DEVELOPED FOR MEN AGED 40 TREE

ANDROPAUSE +TESTOSTERONE SUPPORT

Ø DEVELOPED | 40 → FOR MEN AGED

WHAT IS ANDROPAUSE?
Andropause is a natural and gradual decline in testosterone levels that men start to notice in their 40s,

TESTOSTERONE LEVELS¹
ENERGY¹
MENTAL WELLBEING³
MUSCLES & PROTEIN BUILDING°
SEXUAL DESIRE¹
PSYCHOLOGICAL FUNCTION¹
HAIR³
SKIN¹
VISION¹
SHILAJIT & ASHWAGANDHA
PHYTOTESTOSTERONE
TRIBULUS TERRESTRIS

30 DAYS SUPPLY

VEGAN 60 CAPSULES

2 CAPSULES TYPICALLY 8/NRV\* PROVIDE 800 µg RE 100% 12.5 µg 250% 250 mg 313% 1.1 µg 100% 6 mg 429% 5 mg 357% 200 µg 100% 187.5 µg 7,500% 50 µg 100% 2.4 µg 40% 7 µg 70% 1 µg 100% 11 µg 20% 40 µg 100% 40 µg 100% NUTRITIONAL INFORMATION Vitamin A
Vitamin D3
Vitamin C
Thiamin
Riboflavin
Vitamin B6 Vitamin B6
Folate
Vitamin B12
Biotin
Pantothenic Acid
Zinc
Copper
Selenium
Chromium
Tribulus Fruit Extract 8:1
Equivalent to: Tribulus Fruit 40 μg 100% 500 mg 4,000 mg Ashwagandha Root Extract 20:1 Equivalent to: Ashwagandha Root Shilajit Extract 100 mg

\*Nutrient Reference Value \*\*NRV not established INGREDIENTS: Tribulus Terrestris Fruit Extract (Tribulus terrestris), Ascorbic Acid (Vitamin C), Vegetable Capsule Shell (Hydroxypropyl Methylcellulose), Shilajit Extract, Ashwagandha Root Extract (Withania somnifera), Zinc Citrate, Anti-caking Agent (Ascorbyl Palmitate), Pyridoxine Hydrochloride (Vitamin B6), Riboflavin, Brown Rice Flour, Calcium Pantothenate, Copper Citrate, Thiamine Hydrochloride, Retinyl Palmitate (Vitamin A), Chromium Picolinate, L-5-Methyltetrahydrofolate
Calcium Salt, Methylcobalamin (Vitamin B12),
Biotin, L-Selenomethionine, Cholecalciferol
(Vitamin D3). (Vitamin D3).





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CLIENT: Health & Her	
DATE: 02.07.24	- V
JOB NO: H&H34	7701c
FILE NAME: H&H_Andropause40+_Carton_artwork.ai	Notes:
VERSION: Artwork 01	The colours on this print out are not accurate and are intended to be used as a guide only. Do not use for matching purposes unless otherwise stated. This artwork does not contain and trap/grip/chokes. Fonts will not be supplied with this artwork. All colours specified are from the PANTONE® matching system unless otherwise stated.
SOFTWARE: Adobe Ilustrator CC	