



Product name **Crispy Sesame Oil Seaweed Snacks** <https://morishsnacks.co.uk/products/crispy-sesame-oil-seaweed-snacks>

Brand name Morish Snacks <https://morishsnacks.co.uk/>

Description Your taste buds are in for a rich, nutty treat with MORISH's Crispy Roasted Sesame Oil Seaweed Snacks! Premium seaweed meets the bold, earthy kick of roasted sesame oil, toasted to crispy perfection and finished with a flirty pinch of sea salt. Savoury, nutritious and dangerously addictive – one bite, and you'll be hooked for life! Clocking in at just 22 calories per pack, these crunchy roasted sesame seaweed thins deliver big on flavour and nutrients like B12 and iodine – without the extra baggage. Whether you're vegan, keto, gluten-free, fibre-maxxing, or just snack-happy, they're ready to fuel your cravings. So, grab a pack and snack away, guilt-free and planet-approved! Our roasted sesame seaweed sheets are your ultimate snack sidekick – ready to go wherever cravings strike, be it work, school, or the couch. But why stop at snacking? Crumble them over ramen, rice bowls, or salads for a crispy, umami-packed upgrade that'll blow your taste buds away. Easy, versatile, and ridiculously tasty!

Ingredients Seaweed (49%), **SESAME OIL** (47%), sea salt.

Allergen statement For allergens see ingredients in **BOLD**. Made on shared equipment that also processes soya.

Storage information Ambient. Store in a cool dry place.

Typical nutritional values	per 100g	per pack (4g)	
Energy (kJ / kcal)	2,281 / 545	91 / 22	
Fat (g)	43.2	1.7	
of which saturates (g)	4.7	0.2	
Carbohydrate (g)	10.8	0.4	
of which sugars (g)	0	0	Zero sugar
Fibre (g)	14.6	0.6	High in fibre
Protein (g)	21	0.8	Source of protein
Salt (g)	1.5	0.1	
Vitamin B12 (µg / %RI)	52.7 / 2,106%	2.1 / 84%	High in vitamin B12
%RI = daily reference intake			

Country of origin South Korea

Commodity code 2008999990

Manufacturing VAT FSSC 22000
No



General & dietary				
Organic	No	Nut free	Yes	
Gluten free	Yes, certified	Wheat free	Yes	
Vegan	Yes, certified	Free from palm oil	Yes	
Vegetarian	Yes	Free from hydrogenated oils	Yes	
Dairy free	Yes	Free from artificial additives	Yes	
Sugar free	Yes	Non-GM	Yes	
Free from added sugar	Yes	Raw	No	

Packaging details	Packs	Weight Net	Gross	Dimensions L x W x H	Cases/pallet	Layers/pallet	SKU	EAN
	#	g	g	cm	#	#		
Case 6x 5x4g	30	120	595	25 x 21.5 x 19	100	5	MSSWSEO120G1	18807004004473
Case 20x4g	20	80	306	29 x 10 x 18.5	200	5	MSSWSEO080G1	18807004004442
Caddy 5x4g	5	20	63	8 x 10 x 18			MSSWSEO020G1	8807004004476
Single pack 4g	1	4	8	0.5 x 10 x 18			MSSWSEO004G1	8807004004445



SNACKS WITH BENEFITS