CAUTION: Do not exceed the recommended daily dose.

If you are pregnant, breastfeeding, taking any medication or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if any adverse reactions occur. Not suitable for persons under the age of 18. Keep out of reach of children at all times. Do not use if seal is broken or damaged.

This product contains Iron which, if taken in excess, may be harmful to very young children.

Food supplements should not be used as a substitute for a balanced diet and healthy lifestyle.

Bottle made from at least 80% recycled plastic.
Please recycle bottle with cap on.
All our products are subject to our stringent quality assurance.







Nutritional Information

Serving Size: 1 Tablet

	Amount per Serving	%RI*
Vitamin C	40mg	50%
Vitamin B12	2.5µg	100%
Iron	18mg	129%

* Reference Intake

Ingredients: Bulking Agent (Microcrystalline Cellulose), Ferrous Fumarate, Vitamin C (Ascorbic Acid), Anti-Caking Agent (Magnesium Stearate), Vitamin B12 (Cyanocobalamin)

> IRON, VITAMIN C AND VITAMIN B12 CONTRIBUTES TO THE REDUCTION OF TIREDNESS AND FATIGUE

IRON CONTRIBUTES TO THE NORMAL FUNCTION OF THE IMMUNE SYSTEM.

VITAMIN C INCREASES IRON ABSORPTION.

VITAMIN C CONTRIBUTES TO NORMAL ENERGY-YIELDING METABOLISM.

IRON DOES NOT ORIGINATE FROM THE UK

Manufactured according to the GMP Code Of Practice for: New Leaf Products LTD - London - NW4 2ES - United Kingdom support@new-leaf-products.com