

Product Code:	S-AA-D-031	Description:	Creatine 1g Pectin Gummy		
Effective Date:	03 June 2025	Version:	1	Weight:	5g
Colour:	Yellow	Shape:	Round-2	Flavour:	Orange

Ingredients and Breakdown Components	% Input Range	Providing
Creatine Monohydrate	14 - 41	Creatine: 1000mg
Glucose Syrup	15 - 44	
Sucrose	12 - 37	
Refined Sucrose	3.5 - 11	
Glycerine	2.3 - 6.8	
Purified Water	1.5 - 4.5	
Pectin (Pectin 65-75%, Sucrose 25-35%)	0.9 - 2.7	
Trisodium Citrate Dihydrate	0.65 - 2	
Citric Acid	0.53 - 1.6	
Natural Orange Flavouring (Natural Flavouring Substance 90-100%, Butylated Hydroxyanisole 0.02%)	0.18 - 0.53	
Tricalcium Phosphate	0.11 - 0.33	
Curcumin (Gum Arabic 25%, Erythritol 10%, Water 40.8%, Curcumin 13%, Citric Acid 0.2%, Ethanol 10%, L-ascorbic acid 1%)	0.025 - 0.075	

Suggested Ingredients List:

Sucrose, Glucose Syrup, Creatine Monohydrate, Humectant (Glycerol), Water, Acidity Regulators (Trisodium Citrate, Citric Acid), Gelling Agent (Pectin), Natural Orange Flavouring, Bulking Agent (Tricalcium Phosphate), Colour (Curcumin).

Allergen Declaration:

No major allergens as per Regulation EU 1169/2011. May contain Gluten, Crustaceans, Milk, Fish and Soy.

Storage Conditions:

Product should be stored in the original unopened packaging, at 5-25°C temperature, relative humidity of 35-75%, and out of direct sunlight.

Shelf Life:

24 months after the manufacturing date providing the product is stored at the storage conditions shown.

Heavy Metal Limits:

Lead: ≤1.5mg/kg; Arsenic: ≤1.0mg/kg; Mercury: ≤0.1mg/kg; Cadmium ≤1.0mg/kg

Microbiological Limits:

Total aerobic microbial count: ≤1,000 cfu/g; Mould: ≤25 cfu/g; Yeast ≤25 cfu/g; E. coli ≤10/g; Salmonella: ≤10/g; S. aureus ≤10/g

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Signature:

A handwritten signature in black ink, appearing to be 'T. J. B.', written in a cursive style.

Title: Compliance and Regulations Manager

Date: 19 November 2025