Nattokinase™

Nattokinase is a potent fibrinolytic enzyme extracted and highly purified from a traditional Japanese food called natto. Nattokinase™ capsules from Good Health Naturally consist of nattokinase and another powerful antithrombic substance, rutin. Rutin is a bioflavonoid, which helps to strengthen and increase flexibility in blood vessels. Together they offer powerful support for heart and cardiovascular health.

Research shows that nattokinase has fibrinolytic activity, which supports the body in breaking up and dissolving unhealthy coagulation of blood. Because it so closely resembles plasmin, it dissolves fibrin directly. In addition, it also enhances the body's production of both plasmin and other clot-dissolving agents, including urokinase (endogenous).

Nattokinase normalizes fibrin, leading to smoother blood circulation and has had over 50 studies and papers published on PubMed over the past 30 years.

It is excellent for maintaining optimal circulation while sitting for long periods or taking long-haul flights.

What are the benefits of Nattokinase™?



Supports heart and cardiovascular system health



Maintenance of healthy blood pressure levels



Enhances clot-dissolving agents in the body



Supports healthy blood circulation

Did you know?

Natto has been used for over 1000 years in its food form, and its blood/cardio health benefits have been widely used for over 50 years, especially in Japan.

Directions for Use:

Take 1 capsule twice daily, 1 hour before food or as directed by your healthcare professional.





Contents:

90 Vegetable Capsules

(See reverse side for Frequently Asked Questions.)

Questions & Answers

SUPPLEMENT FACTS		
SERVING SIZE: 1 CAPSULE SERVINGS PER CONTAINER: 90		
INGREDIENT	AMOUNT PER SERVING	DAILY VALUE
Nattokinase (derived from soy bean extract)	100mg 2,000FU	*
Rutin	25mg	*
*Daily Value not established		

Other Ingredients: Microcrystalline cellulose, Medium chain triglycerides, hypromellose, water and gellan gum (delayed release capsule).

CONTAINS SOY. For potential allergens, see ingredients in **bold**.

SUITABLE FOR VEGETARIANS AND VEGANS.



Question: How is nattokinase produced?

Answer: Nattokinase is an enzyme found in natto, a traditional Japanese food produced from fermented soybeans, typically prepared by boiling or steaming. The enzyme is extracted from the soybeans through a process of fermentation by adding the bacterium Bacillus natto.

Question: How should I take Nattokinase™?

Answer: Take 1 capsule twice daily, 1 hour before food. Nattokinase™ is available in delayed-release capsules, designed to be taken on an empty stomach to ensure they are activated in the small intestine rather than in the stomach.

Question: Can I take Nattokinase™ with medication or other supplements?

Answer: There are no known interactions with other nutritional supplements. If you are taking anticoagulant (blood-thinning) medication or any other prescription medication, check with your doctor before use.

Question: Who can take Nattokinase™?

Answer: Nattokinase™ is suitable for vegetarians and vegans. Do not use this product if you are pregnant or lactating, have a blood coagulation disorder or are allergic to soy.



UK HELP:

Tel: 03337 777 333 (standard rate call) sales@GoodHealthNaturally.com www.GoodHealthNaturally.com

USA HELP:

Tel: 800 455 9155 sales@GoodHealthUSA.com www.GoodHealthUSA.com

AUSTRALIA HELP:

Tel: 07 2139 9881 sales@GoodHealthOz.com www.GoodHealthOz.com

EUROPE HELP:

Tel: +44 203 746 3283 sales@GoodHealthNaturally.com www.GoodHealthNaturally.eu

CANADA HELP:

Tel: 800 455 9155 sales@GoodHealthCanada.com www.GoodHealthCanada.com