

Gut Wealth Daily Capsule

Ingredients List (as per pack)

- Lactobacillus LB Blend (Limos Lactobacillus fermentum and Lactobacillus delbrueckii subsp. lactis)(MILK),
- Inulin Powder (Cichorium intybus),
- Capsule Shell (Hydroxypropyl Methylcellulose),
- Medium Chain Triglycerides Powder (Acacia Fibre),
- Vitamin B3 (Nicotinamide),
- Anti-caking Agent (Bamboo Extract),
- Marshmallow Root Extract (Althaea officinalis L.),
- Vitamin B5 (Calcium Pantothenate),
- Vitamin B6 (Pyridoxal 5 Phosphate),
- Vita Algae® Vitamin D3 Powder (Cholecalciferol)(Algae),
- Vitamin B1 (Thiamine HCl),
- Vitamin B2 (Riboflavin),
- Vitamin B9 (Folic Acid),
- Biotin (D-Biotin),
- Vitamin B12 (Methylcobalamin)

Ingredients Details and Benefits

12 digestion-boosting ingredients including our trademarked postbiotic

- **B Vitamins**
 - **B1 (Thiamine):** Supports *normal energy metabolism* | Supports *normal function of the nervous system*
 - **B2 (Riboflavin):** Reduces tiredness and fatigue | Helps maintain *normal mucous membranes* (relevant for gut lining!) | Supports energy-yielding metabolism
 - **B3 (Niacin):** Contributes to *normal psychological function* | Helps maintain *normal mucous membranes* (gut lining again!)
 - **B5 (Pantothenic acid):** Supports *mental performance* | Contributes to normal synthesis of steroid hormones and neurotransmitters
 - **B6 (Pyridoxal-5-Phosphate):** Regulates *hormonal activity* | Supports the *immune system* | Reduces tiredness and fatigue
 - **B9 (Folic Acid):** Supports immune function and *normal psychological function* | Contributes to the reduction of tiredness and fatigue
 - **B12 (Methylcobalamin):** Supports *energy metabolism* | Contributes to the normal function of the nervous system | Reduces fatigue
 - **Biotin:** Contributes to *normal function of the nervous system* | Helps maintain *normal mucous membranes*
- **Vitamin D3 (Vita Algae®):** Supports *normal immune function* | Contributes to the maintenance of *normal muscle function* | Supports *the normal function of the gut barrier* (emerging but indirect)
- **Other Ingredients :**
 - **Lactobacillus LB (fermentum + delbrueckii):** “cultures shown in research to support gut balance”
 - **Inulin (from chicory root):** A source of prebiotic fibre shown to feed beneficial gut bacteria
 - **Marshmallow root:** Traditionally used to soothe the gut lining