

## **vybey Braincare Smart Greens Ingredients**

### **Nutrient dense vegetable, herbs and antioxidants complex (6830mg)**

Spirulina Powder  
Barley Grass Powder  
Wheat Grass Powder  
Broccoli Powder  
Kale Leaf Powder  
Spinach Leaf Powder  
Hemp Protein  
Algal Omega-3 Powder DHA Vegan  
Chlorella Powder  
Alfalfa Powder  
Matcha Green Tea Powder Premium Grade  
Peruvian Maca Root Powder  
Tomato Fruit Powder  
Carrot Root Powder  
Rhodiola Rosea Root Extract (15:1)  
Beetroot Powder  
Rhubarb Root Powder

### **Super Fruit Blend (3290mg)**

Apple Fruit Juice Powder  
Strawberry Fruit Juice Powder  
Raspberry Fruit Juice Powder  
Acerola Cherry Fruit Juice Extract (4:1)  
Cranberry Fruit Powder Organic  
Grapeseed Extract (4:1)  
Acai Berry Fruit Powder Organic  
Goji Berry Fruit Powder  
Northern Bilberry (Blueberry) Fruit Extract (4:1)

### **Digestive fibre blend and mushroom extract (1570mg)**

Flax Seed  
Reishi Mushroom  
Chicory Root Soluble Fibre  
Turmeric Root Powder  
Ginger Root

### **Vegan Probiotics (10mg)**

Bacillus Coagulans (1bn CFU)

### **Other ingredients**

Natural flavours, Natural Plant Sweetener (Stevia Leaf)

## Nutritional Panel

### vybey Braincare Smart Greens

#### Nutritional Information

Servings per package:	15	
Serving size:	12g	
	Per 12g serve	Quantity Per 100g
Energy	43 kcal 182 KJ	361 kcal 1514 KJ
Protein	1.9 g	15.6 g
Fat	1.1 g	9.3 g
- Saturated	0.1 g	1.2 g
- Monosaturated	0.3 g	2.6 g
- Polyunsaturated	0.6 g	5.1 g
- Trans	0.0 g	<0.1 g
Carbohydrate	7.6 g	63.3 g
- Sugars	1.8 g	15.1 g
Fibre	2.3 g	19.1 g
Sodium	24 mg	196 mg

#### Vitamins & Minerals

Vitamins	Amount per serving	%NRV
Vitamin A	391 mcg	10%
Vitamin B1 (Thiamine)	2 mg	139%
Vitamin B2 (Riboflavin)	2 mg	114%
Vitamin B3 (Niacin)	18 mg	113%
Vitamin B4 (Pantothenic acid)	6 mg	107%
Vitamin B6 (Pyridoxine)	2 mg	115%
Vitamin B9 (Folate)	268 mcg	134%
Vitamin B12 (Methylcobalamin)	3 mcg	101%
Vitamin C	108 mg	398%
Vitamin D	5 mcg	302%
Vitamin E	64 mg	535%
Vitamin K	89 mcg	119%
<b>Minerals</b>		
Calcium	77 mg	10%
Copper	158 mcg	16%
Iron	3 mg	20%
Magnesium	139 mg	37%
Manganese	1 mg	49%
Phosphorus	268 mg	38%
Potassium	450 mg	23%
Zinc	2 mg	18%