

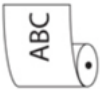
DESIGN CONFIRMATION

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JOB DETAILS	CUTTER SPECIFICATION	MATERIAL & FINISH	PRINT DETAILS
Customer : Heart and Soul Account Owner : Mark Item No : 819929 Plate Charge* : Artwork Charge* : Time : *Please see paragraphs 1.c and 8 of T&C's	Die No. : X216 Label Size (mm) : 63 x 222 Cylinder Size : 200 Gap Across : 3.00 mm Gap Around : 3.00 mm No. Across : 4 No. Around : 1	Face Material : Tintoretto Adhesive : Perm Linear Material : Honey Glassine Core Size : 76 Qty/Roll : 250 Winding : Outside Orientation : Right Lead	Printing Press : GM Print Method : Electrostatic Dry Toner Colour Method : Brown
			NOTES: Unless indicated, all images scaled to 100% Cutter strike indicated is not printed on final product. © 2022 LM Blasting Ltd t/a Positive ID Labels



Please recycle:
Jar, lid and label

ORIGINAL CRUNCHY PEANUT BUTTER

INGREDIENTS

Hi-Oleic
Peanuts
96.4 % Organic
Yacon Syrup,
Pink Himalayan
Salt 0.9%,
Organic MCT Oil

ALLERGIES

See ingredients
in **bold**,
Produced in an
environment
that handles ;

•other nuts

Our story

Heart and Soul was born
out of our small Greenwich
kitchen in May 2020,
crafting recipes using
finest natural ingredients
from around the world.
As well as tasting great, we
believe that food should
focus on health, vitality
and wellbeing.

Enjoy

Asli & Adem
Co-Founder

 VEGAN FRIENDLY

 STIR ME UP
BEFORE USE,
I'M NATURAL

•MADE WITH
ARGENTINIAN
HI-OLEIC
PEANUTS

•LOW GI

•NO PALM OIL

•HIGH IN FIBRE

•HIGH PROTEIN

ORIGINAL
CRUNCHY



THE CRAFT
PEANUT BUTTER

great
taste
★
2020

280g e

CRUNCHY
CREAMY
THICK
AND
MORE...

PATH YOU CHOOSE
SHOULD FEED YOUR
HEART AND SOUL

Made In UK
HEART AND SOUL NUTS LTD
Unit 7, Innovation
Business Centre,
Consul Avenue,
London, RM13 8HZ
hello@heartandsoulnuts.com
heartandsoulnuts
Best Before End:

ORIGINAL CRUNCHY PEANUT BUTTER

NUTRITIONALS	per 100g	per 15g serving
Energy kj	2561	384.2
Energy kcal	618	92.7
Fat	49	7.4
Of which saturates	7.5	1.1
Carbohydrate	14.5	2.2
Of which sugars	6.1	0.9
Fibre	7.8	1.2
Protein	25.8	3.9
Salt	0.9	0.1

Storage: Store in a cool, dry place.
Once opened eat within 3 months,
unless you don't finish it in the first day.