

MAG365

Magnesium Plus Supplement 210g

FOOD SUPPLEMENT with Magnesium, Calcium and vitamins C, D and K

SUGGESTED USE: Individual needs may vary. Start by taking 2.5 g (1 slightly rounded teaspoon) daily and gradually increase to maximally 7 g (3 teaspoons) per day. **MAG365** can be taken during or outside meals. Do not exceed the recommended daily intake. Intake can be taken at one time or split into 2 or 3 portions and taken during the day.

DIRECTIONS: Mix in a glass or mug with 30–60 ml of hot water. Let it fizz, then stir until dissolved. Fill the remainder of the glass or mug with warm or cold water and enjoy.

A food supplement should not be used as a substitute for a varied, balanced diet and a healthy lifestyle.

STORAGE: Keep dry. Keep out of reach of young children. Best before end | Batch number: see bottom.

30 DAY
SUPPLY



**YOUR
EVERYDAY
MAGNESIUM**

Food supplement | Net weight: 210g

MAGNESIUM

MAG365

PLUS CALCIUM

Magnesium supports normal healthy nervous system and muscle function. It also contributes to the maintenance of healthy bones and teeth.

PRODUCT INFORMATION

Serving Size: 7g (3 tsp)		
Amount per 7g		% NRV*
Vitamin D ₃ 1000 IU	25 µg	500
Vitamin K2	75 µg	100
Vitamin C	500 mg	625
Potassium	300 mg	15
Calcium	250 mg	31
Magnesium	375 mg	100
Boron	3 mg	

*NRV = Nutrient Reference Value

INGREDIENTS:

Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate), Calcium Lactate, Vitamin C (as Calcium Ascorbate), Potassium Citrate, Vitamin D3 (Cholecalciferol Vegan from Lichen), Vitamin K2, and Boric Acid



ITL Health Limited

NATURE IS OUR STAR

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VEGAN • GLUTEN-FREE



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