

WE ARE PASSIONATE ABOUT MAKING
SURE EVERYONE HAS ACCESS TO FRESH
FRUIT AND VEG. FIND OUT MORE AT
WWW.MOCKINGBIRDRAWPRESS.COM

**COLD-PRESSED BLEND OF FRUIT AND VEGETABLE PURÉES,
JUICE AND ADDED VITAMINS.** INGREDIENTS: 4 ¾ PRESSED APPLES,
½ ORANGE, 29 CRUSHED BLACKCURRANTS (8%), 5 CRUSHED
STRAWBERRIES (8%), 12 ½ BLUEBERRIES, SQUEEZE OF BEETROOT (2%),
CRUSHED ACAI BERRIES (2%), CRUSHED SPINACH (1%),
CRUSHED KALE (1%), VITAMIN C (ASCORBIC ACID), VITAMIN B6.

NUTRITION INFO	PER 100ML	PER 150ML
ENERGY	180kJ/42kcal	270kJ/63kcal
FAT	0.2g	0.3g
OF WHICH SATURATES	0g	0g
CARBOHYDRATE	9.3g	13.95g
OF WHICH SUGARS [†]	8.3g	12.45g
FIBRE	0.7g	1.05g
PROTEIN	0.5g	0.75g
SALT	0.01g	0.015g
VITAMIN C	12mg (15%*)	18mg (23%*)
VITAMIN B6	0.2mg (15%*)	0.3mg (23%*)

THIS SMOOTHIE IS HIGH IN VITAMIN B6 AND C. VITAMIN B6
CONTRIBUTES TO NORMAL ENERGY-YIELDING METABOLISM.
VITAMIN C CONTRIBUTES TO THE REDUCTION OF TIREDNESS
AND FATIGUE. ENJOY AS PART OF A HEALTHY LIFESTYLE AND
BALANCED DIET.

[†]NATURALLY OCCURRING FROM FRUIT. WE NEVER
ADD SUGAR. *% REFERENCE INTAKE. 1 SERVING = 150ML.
THIS BOTTLE CONTAINS 5 SERVINGS.

100% RECYCLABLE!



750ml e

Mockingbird Raw Press
82 St John Street, London EC1M 4JN
20 Harcourt Street, Dublin 2 D02 H364

KEEP REFRIGERATED. SHAKE WELL AND ONCE OPEN DRINK WITHIN
3 DAYS. HIGH PRESSURE PROCESSED (HPP). BEST BEFORE: SEE LID.