



LL672-10

STORE IN A COOL, DRY PLACE

BEST BEFORE END:

BATCH NUMBER:

LAMBERTS®

THE PROFESSIONAL RANGE

Osteoguard®

Providing Calcium 500mg
& Magnesium 125mg

With Boron plus Vitamins D3 & K1

MAGNESIUM

Vegan

FOOD SUPPLEMENT

90 Tablets

CALCIUM

DIRECTIONS: Take 1 to 2 tablets daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and healthy lifestyle.

CAUTION: Contains vitamin K, if you are taking anti-coagulants (blood thinners) do not take, except on the advice of a doctor.

INGREDIENTS: Calcium Carbonate, Bulking Agent (Cellulose), Magnesium Oxide, Anti-caking Agents (Silicon Dioxide, Stearic Acid & Magnesium Stearate), Humectant (Crosslinked Cellulose Gum), Tablet Coating (Hydroxypropyl Methylcellulose, Glycerol), Boron (Sodium Borate), Vitamin D3 (Cholecalciferol & Antioxidant: d-alpha Tocopherol), Vitamin K1 (Phylloquinone).

PRODUCT INFORMATION

Typically per tablet: %NRV*

Vitamin D (D3)	5µg (200iu)	100
Vitamin K (K1)	38µg	51
Calcium	500mg	63
Magnesium	125mg	33
Boron	1.5mg	

*NRV = Nutrient Reference Value

This all-in-one bone health formula contains relevant levels of calcium, magnesium and vitamins D & K, which contribute to the maintenance of normal bones.

✓ Suitable for vegetarians

✓ Suitable for vegans

KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A
PRACTITIONER OR PHARMACIST ONLY

8226-90

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