

WE ARE PASSIONATE ABOUT MAKING
SURE EVERYONE HAS ACCESS TO FRESH
FRUIT AND VEG. FIND OUT MORE AT

WWW.MOCKINGBIRDRAWPRESS.COM

**COLD-PRESSED BLEND OF FRUIT AND VEGETABLE PURÉES,
JUICE AND ADDED VITAMINS. INGREDIENTS: 5 PRESSED APPLES,
13 CRUSHED STRAWBERRIES (20%), HANDFUL OF CRUSHED
CHERRIES (6%), 8 BLACKCURRANTS (2%), SPLASH OF DRAGON
FRUIT (2%), SOME PRESSED PURPLE CARROT (1%), VITAMIN C
(ASCORBIC ACID), VITAMIN D3 (CHOLECALCIFEROL).**

NUTRITION INFO	PER 100ML	PER 150ML
ENERGY	187kJ/44kcal	281kJ/66kcal
FAT	0.1g	0.2g
OF WHICH SATURATES	0g	0g
CARBOHYDRATE	10g	15g
OF WHICH SUGARS [†]	8.7g	13g
FIBRE	0.6g	0.9g
PROTEIN	0.5g	0.8g
SALT	0.01g	0.02g
VITAMIN C	12mg (15%*)	18mg (23%*)
VITAMIN D3	0.75µg (15%*)	1.125µg (23%*)

THIS SMOOTHIE IS HIGH IN VITAMIN C AND D3. VITAMIN C
AND D3 CONTRIBUTE TO THE NORMAL FUNCTION OF THE
IMMUNE SYSTEM. ENJOY AS PART OF A HEALTHY LIFESTYLE
AND BALANCED DIET.

[†]NATURALLY OCCURRING FROM FRUIT. WE NEVER
ADD SUGAR. *% REFERENCE INTAKE. 1 SERVING = 150ML.
THIS BOTTLE CONTAINS 5 SERVINGS.

100% RECYCLABLE!



750ml e

Mockingbird Raw Press
82 St John Street, London EC1M 4JN
20 Harcourt Street, Dublin 2 D02 H364

KEEP REFRIGERATED. SHAKE WELL AND ONCE OPEN DRINK WITHIN
3 DAYS. HIGH PRESSURE PROCESSED (HPP). BEST BEFORE: SEE LID.