SUGGESTED USE: 4 capsules per day with a full glass of water and preferably with food.

CAUTION: Do not exceed stated dosage.

If you are pregnant, breastfeeding, taking prescription medication or under medical supervision it is advisable to consult a GP prior to taking any supplements. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 18.

Keep out of reach of children at all times.

Do not use if seal is broken or damaged.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for varied diet and a healthy lifestyle.

Bottle made from at least 80% recycled plastic.
Please recycle bottle with cap on.
All our products are subject to our stringent quality assurance.
This product doesn't contain artificial flavours, colours or sweeteners







Nutritional Information

Serving Size: 4 Capsules Servings per Container: 30

	Amount per Serving	%RI*
Activated Charcoa	1040mg	**

* Reference Intake

** No RI established

Ingredients: Activated Charcoal, Capsule Shell (Gelatin), Bulking Agent (Microcrystalline Cellulose), Anti-Caking Agent (Magnesium Stearate).

*To help reduce flatulence, take 1g (4 capsules) at least 30 minutes before a meal and 1g (4 capsules) shortly after.

STORAGE: STORE IN A COOL, DRY PLACE.

MANUFACTURED FOR:

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