



Apple & Blackcurrant Flavour

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Advanced Liposomal
Nutrient Delivery System

One 5ml serving provides		%UK DRV*
Magnesium Bisglycinate	438mg	§**
Of which Magnesium	35mg	2-3 years = 42% 4-6 years = 29%

*DRV = Dietary Reference Value per 5ml serving
**DRV not established, per 5ml serving

One 10ml serving provides		%UK DRV†
Magnesium Bisglycinate	876mg	§††
Of which Magnesium	70mg	7-10 years = 35% 11-14 years = 25%

† DRV = Dietary Reference Value per 10ml serving
† † DRV not established, per 10ml serving

Directions: Shake before use. For young children (2-6yrs), take 5ml (1 teaspoon) daily, for older children (7-13yrs) take 10ml (2 teaspoons) daily. Can be taken directly or mixed with a cold drink, smoothie, etc. For children 14+yrs please refer to the adult formula.

Storage Notices: Once opened, refrigerate but do not freeze, use within 60 days. Replace cap after use. Store out of reach and sight of children.

Ingredients: Purified Water, Vegetable Glycerin, Magnesium Bisglycinate, Phospholipids (from sunflower lecithin) containing Phosphatidylcholine, Natural Flavourings (Apple, Blackcurrant, Toffee), PH Adjuster (Malic Acid), Natural Antioxidant (Vitamin E).

Warning Notices: Do not exceed recommended dose. Food supplements must not be used as a substitute for a balanced diet and a healthy lifestyle. If your child is under medical supervision, has any medical conditions, or is taking any medication, please consult a doctor or pharmacist before use. Not suitable for children under 2 years of age.

Up to
50 Servings / 250ml