

## NY4349 Natural Vitality Calm Relaxing Drink Mix Unflavoured 200g

### **OVERVIEW:**

Natural Vitality Calm Relaxing Drink Mix Original Unflavoured is a gentle, magnesium-based powder designed to support relaxation and daily wellbeing. Made with magnesium carbonate, this easy-to-mix formula reacts with citric acid when added to warm water, creating a highly absorbable form of magnesium. Ideal for daily use, it supports the body's natural relaxation processes while helping to maintain normal muscle function and energy metabolism.

### **KEY INGREDIENTS & BENEFITS:**

Magnesium (from Magnesium Carbonate): Contributes to normal muscle function, supports the nervous system, and helps reduce tiredness and fatigue.

Citric Acid: Reacts with magnesium carbonate to form a soluble magnesium citrate when mixed with water, supporting improved absorption.

### **DIETARY:**

Vegan

Dairy Free

Wheat Free

### **ALLERGENS:**

None.

### **ADDITIONAL INFORMATION:**

For adults, start by placing 4g (approx. 1 teaspoon) into a cup or mug, add 100ml of warm water and allow the drink to fizz. Stir until the powder is completely dissolved, then fill the remainder of the cup with warm or cold water. Consume once daily, preferably with a meal. Do not exceed the stated dose.

Packaging is 100% recyclable.

Made in the EU under GMP and BRC accredited standards, ensuring top quality and safety.

**INGREDIENTS:**

Magnesium Carbonate, Acid (Citric Acid).

**DOSE:** 4g (20 servings)