



Linwoods Health Foods Product Specification

Organic Psyllium Husk Powder

Product description	Organic Psyllium Husk Powder
Legal Description	100% Organic Psyllium Husk Powder

Supplier Name	John Woods (L) Ltd	Linwoods Health Foods
Supplier Address	190 Monaghan Rd Armagh N. Ireland BT60 4EZ	Units 1-5 Hamiltonsbawn Rd Industrial Estate Hamiltonsbawn Rd Armagh BT60 1HW
Telephone number: Sales	02837568477	
Production	02837569387	
Fax: Sales	02837568865	
Production	02837524641	
Emergency contact telephone number	Orla Moore 07720996893 Patrick Woods 07851262251	
Email address	info@linwoods.co.uk	
Contact sales	Michelle.hughes@linwoods.co.uk Mark.hamilton@linwoods.co.uk Fergal.woods@linwoods.co.uk	
Contact technical	Christine.wilkinson@linwoods.co.uk	

Product Ingredients

Ingredient	% in final product	Country of origin
Psyllium husk powder	100%	India

Product Details

Name of product	Organic Psyllium Husk Powder	Shelf life	12 months
Pack size	100g	Colour	Cream coloured fine powder
Storage conditions	Store in a cool, dry place	Moisture content	<9 %

Doc Ref	Issue no	Date of issue	Created by	Authorised by
Org Psyllium Husk Powder	1	26.05.26	Christine Wilkinson	Michael Cullen

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GM Declaration

Linwoods raw materials are sourced from suppliers and growers producing the product without the aid of any Genetically Modified Organisms (GMOs).

Linwoods suppliers are all required to provide certification stating that their products do not contain Genetically Modified Organisms (GMOs)

The site of manufacture does not use any GM ingredients for other products made within our facility.

Allergy Advice

May contain traces of sesame seeds, mustard, soya and nuts (almonds, brazil nuts & walnuts)

Product Claims

Suitable for vegetarian, vegan & gluten free diets

Microbiological Standards

Organism	Target
TVC	<100,000cfu /g
Enterobacteriaceae	<1000cfu/g
E Coli	<10cfu/g
Staph Aureus	<10cfu/g
Listeria spp	Absent in 25g
Salmonella	Absent in 25g
Bacillus Cereus	<100 cfu/g
Clostridium Perfringens	<100 cfu/g
Yeasts	<10,000cfu/g
Moulds	<10,000cfu/g

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Nutritional Information

	Per 100g	Per 5g
Energy (kJ)	812kJ	41kJ
Energy (kcal)	194kcal	10kcal
Fat	0.2g	0g
Of which:		
Saturates	0g	0g
Carbohydrate	2.2g	0.1g
Of which:		
Sugars	0g	0g
Fibre	90g	4.5g
Protein	0.8g	0g
Salt	0g	0g

Product and work in progress Quality Checks

Tests undertaken	Standard applied	Test frequency
Incoming raw material	Physical inspection and positive release testing including, Micro, Pesticide, Irradiation & Moisture	Each delivery
Processing line	Visually scanned	All product
Final product	Each bag inspected for weight & closure integrity	All packets
Metal detection	Metal detector test piece size – 1.5 mm ferrous, 2 mm non ferrous, 2mm st steel	Minimum - Start up, every hour and end of production

Product coding & Distribution

Primary Packaging recyclable pouch	Date coding applied by ink jet printer to the back side at bottom of bag. Best Before End mm/yyyy and Lot no relating to date of production and time
Secondary packaging cardboard cartons	Date coding and Lot no applied by in line labeller onto side of box

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Packaging

All packaging material used complies with all relevant legislation including EC Regulations 94/62/EC and 1935/2004/EC and the Packaging (Essential Requirements) Regulations 2003. All packaging also complies with the Materials & Articles in Contact with Food Regulations 2005 and the Plastic Materials and Articles in contact with Food regulations 1998 (as amended).

Packaging also conforms to Article 11, Directive 94/62/EC which outlines the sum of the concentration levels of heavy metals permitted in packaging or any of its packaging components.

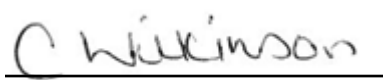
All labelling is compliant with the Food Information Regulations 2014

Usage of the product

To ensure food safety is maintained the following instructions should be followed:

- Store in a cool, dry place.
- Do not consume this product dry. It is vital to drink 300mg (a large glass) of fluid with each 5g serving of psyllium husk powder.

Signed on behalf of supplier:



Signed on behalf of purchaser:

Position: Quality Assurance Manager

Position: _____

Date: 26.05.26

Date: _____

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