

Feel your best, naturally.

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## Arabica Coffee + Mushroom Super Blend

Made with 100% Arabica Coffee for a bold, robust flavour, this blend helps to reduce tiredness and fatigue to make everyday moments more manageable.

### How to make

1. Add 7g (4 teaspoons or 2 fluid scoops) to your cup.
2. Pour in a generous amount of hot water and stir until smooth.
3. Top up with your desired amount of milk, and enjoy.

Whatever you pour - oat, almond, coconut, or dairy - it's smooth, creamy, and delicious every time.  
Top tip: try iced for a refreshing choice.

### How it works

Vitamin B5 contributes to normal mental performance. Vitamin B12 and Folate contribute to the reduction of tiredness and fatigue. Iodine contributes to normal cognitive function. With Lion's Mane and Cordyceps, traditionally used in Chinese medicine.

**Advice:** Suitable for adults only. Take 1-2 servings daily. Do not exceed 2 servings per day. Food supplements should not replace a varied and balanced diet. This product contains caffeine (120mg/100g). Not recommended if you are pregnant or breastfeeding. Do not use if seal is broken. Best before: see back of pack.

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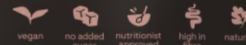
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Everystate Ltd., 62 Albert Embankment, London, SE1 7TY, United Kingdom.

Best before  
Batch code



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### Nutritional Information

	Per 7g serving	Per 100g
Energy kJ	92kJ	1317kJ
Energy kcal	22kcal	335kcal
Fat	0.0g	0.0g
of which saturates	0.0g	0.0g
Carbohydrates	5.3g	73.3g
of which sugars	0.3g	4.9g
Protein	0.7g	9.3g
Salt	0.04g	0.56g
Fibre	1.3g	18.1g

	Per 7g serving	%NRV*
Vitamin B1 (Thiamin)	2.2mg	200%
Vitamin B2 (Riboflavin)	2.8mg	200%
Vitamin B3 (Niacin)	3.2mg NE*	200%
Vitamin B6	2.8mg	200%
Folate Acid	400µg	200%
Vitamin B12	500µg	200%
Biotin	1000µg	200%
Vitamin B5 (Pantothenic Acid)	12mg	200%
Iodine	150µg	200%
Lion's Mane Mushroom (from B1 extract)	eq. to 1000mg	-
Cordyceps Mushroom (from D1 extract)	eq. to 1000mg	-
Maca Root (from D1 extract)	eq. to 400mg	-
Natural Caffeine (from Arabica Coffee)	90mg	-

\*Percent Reference Value. \*\*Niacin Equivalent. (1) NRV not established.

Enhanced Coffee Blend with Vitamins, Adaptogens and Natural  
Extracts (Food Supplement). Ingredients: Arabica Coffee  
Powder, Vitamin B Blend (Nicotinamide, Calcium D-Pantothenate,  
Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin,  
Folic Acid, Biotin, Cyanocobalamin), Acacia Fibre, Mushroom  
Powder Blend (Lion's Mane Fruiting Body Extract 130%,  
Polysaccharides), Cordyceps Militaris Fruiting Body Extract (50%  
Polysaccharides), Maca Root, Natural Flavour, Kneaded Yeast  
Seaweed Extract (1% Iodine).

Storage: Store in a cool, dry place away from  
direct sunlight. Keep out of reach of children.

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