



Organic Kitchen c/o  
CLF Distribution Ltd,  
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#### Product

<b>Name</b>	Organic Edamame Beans
<b>Description</b>	High in protein, edamame beans are a great ready to eat snack enjoyed with a light sprinkling of sea salt or added to a salad or stir fry.
<b>Code</b>	ORK29
<b>Barcode</b>	5055177536642
<b>Country of Origin*</b>	Italy
<b>*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.</b>	

#### Packaging

<b>Net Content</b>	200g (140g drained weight)
<b>Packaging Type*</b>	Aluminium tin with paper label, Cardboard tray outer with plastic wrap (contains 12 units)
<b>*Packaging type may vary from time to time and the type stated in this document is not guaranteed.</b>	

#### Shelf Life

<b>Maximum Shelf Life</b>	24 months
<b>Storage Conditions</b>	Ambient (15°C - 20°C)

<b>Ingredients</b>	Edamame Beans ( <b>SOYA</b> )* (70%), Water, Salt. *Organic
<b>Allergens</b>	For allergens, see ingredients in <b>BOLD</b> .

#### Nutritional Values per 100g

<b>Energy</b>	416KJ (100kcal)
<b>Fat</b>	5.1g
<b>Of Which Saturates</b>	0.9g
<b>Carbohydrates</b>	2.9g
<b>Of Which Sugars</b>	2.1g
<b>Fibre</b>	5.2g
<b>Protein</b>	8.0g
<b>Salt</b>	0.7g

<b>Certifications</b>	Organic, Vegan Society
<b>Serving Requirements</b>	Ready to eat as a snack or in salads and stir fries. Starch from these beans may jelly over time. We recommend rinsing them before use.