

Vegan Nights®

30 CAPSULES | 1 OR 2 A DAY | VEGAN

INGREDIENTS: Magnesium Citrate, L-Glycine, L-Theanine, Zinc Citrate, Griffonia Seed Extract, Chamomile Extract, BioPerine® Black Pepper Extract, Brown Rice Flour, Capsule Shell (Hydroxypropyl Methylcellulose).

DIRECTIONS: Take 1 to 2 capsules up to 2 hours before bedtime. Do not exceed recommended dose.

NUTRITIONAL INFORMATION:

	Per Capsule	EC NRV*
L-Glycine	250mg	**
Magnesium	145mg	39%
Griffonia Seed Extract	100mg	**
L-Theanine	50mg	**
Zinc	10mg	100%
Chamomile Extract (Matricaria ecutita)	25mg	**
BioPerine® Black Pepper Extract (Piper nigrum)	2.5mg	**

*NRV = Nutrient Reference Value. **No NRV Established.



FREE FROM: Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. For Best Before End and Batch No. information see below.

FOOD SUPPLEMENT

Carefully packed in the UK for
DR.VEGAN Ltd.

Crispins, Manor Farm Lane, Michelmersh,
Romsey, Hants, SO51 0NT.

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